

**Island Yacht Club's  
25th ANNUAL  
DOUBLEHANDED LIGHTSHIP RACE  
SAILING INSTRUCTIONS  
March 18, 2006**

**MANAGEMENT**

The race will be managed by the Race Committee of Island Yacht Club, which shall have full power to establish and interpret the rules and conditions governing the race, to decide protests on eligibility, and to reject the entry of any yacht at any time prior to the preparatory signal for the start. Their decisions cannot be appealed.

The Race Committee has the right to inspect any vessel and to reject its entry if they find it does not meet the standards set forth in the rules.

**ELIGIBILITY**

Open, by formal application to all single and multi-hulled sailing yachts over 20 feet overall length.

**GENERAL CONDITIONS**

Yachts entering the race must be at least 20 feet on deck. Yachts must be of sound construction, capable of safe ocean passages. Owners of mono-hulled yachts under 20 feet may petition the Race Committee on an individual basis for entry into the race.

Mono-hulled yachts shall be self-righting, with essentially watertight enclosed accommodations and self-bailing cockpits.

Multi-hulled yachts shall have a weather tight, enclosed accommodation, and shall have the ability to float indefinitely in an inverted position.

Entrants are advised that any unusual arrangement in rig, hull, ballast, sails or equipment, which, in the opinion of the Race Committee constitutes a potential hazard or in any way would be considered an attempt to violate or circumvent the intent of the rules, will be grounds for disqualification.

**ENTRIES**

An entry shall consist of a sailing boat plus a named skipper and crew of one person. The skipper must be at least 18 years of age. Crews under the age of 18 years must submit, with the skipper's entry, a letter from their legal guardian stating that they have read the "Waiver Release and Indemnification" (enclosed) and have given permission for his or her participation.

There is no deadline for entries.

**HANDICAP**

Each mono-hull entry shall have a current PHRF rating (please enter rating on application). Ratings are available from the Yacht Racing Association of San Francisco, Fort Mason Center, San Francisco, CA 94123, phone (415) 771-9500.

All multi-hulls shall have a handicap supplied by BAMA.

**RACING RULES**

The racing rules of the USSA, as amended by these instructions, shall apply to competitors during the hours between sunrise and sunset. The Steering and Sailing Rules of the Road shall replace part IV of the USSA Rules from sunset to sunrise.

In accordance with the purpose of the race, those sections of the USSA rules shall be deleted which prohibit practices or equipment, which are or may prove useful to short-handed ocean sailing.

Specifically, the following will be allowed:

1. Twin headsails set on two poles for downwind sailing
2. A whisker pole of suitable size for the largest rated headsail may be carried without penalty, but may not be used with the spinnaker
3. Self-steering and auto pilot

**CHECK IN**

All yachts must check in with the Race Committee on VHF channel 71 prior to the initial warning signal for the race, advising the Race Committee of the yacht's name and sail number and receive an acknowledgement from the Race Committee. A yacht failing to check in successfully will be scored DNS.

**COURSE**

Course 1: Start: Orange panel at Golden Gate Yacht Club race deck and buoy X (orange & white) to starboard

Around San Francisco approach buoy (lightship Buoy) to port

Finish: Orange panel at Golden Gate Yacht Club race deck and buoy X (orange & white) to port

CALCULATED DISTANCE 25 miles

Courses 2 & 3: TO BE ANNOUNCED (in case of foul weather offshore)

**RESTRICTIONS**

The area within 50 yards of the starting line is restricted to all contestants until after their preparatory signal. All San Francisco County rocks, including Anita Rock, Mile Rock, and the South Tower of the Golden Gate Bridge are restricted and must be left to the South. Yachts must not interfere with large commercial vessels, naval vessels or tugs and their tows.

**REPORTING FINISH**

Yachts approaching the finish line are requested to notify the Race Committee. Vessels finishing after

dark must shine a light on their sail number as they cross the finish line. **Any yacht not finishing within the time limit or withdrawing from the race for any reason must contact the Race Committee immediately by VHF channel 71** or by telephone as soon as possible after returning to shore. Failure to do so will result in the yacht being refused entry in the next Doublehanded Lightship Race. Participating yachts are encouraged to relay VHF radio transmissions when it becomes obvious that direct communication with the Race Committee is not possible.

#### **DIVISIONS**

TO BE ANNOUNCED March 13, 2006

Special divisions, such as one design, husband-wife, women only, will be awarded trophies if such divisions have four or more entries. .

#### **STARTING TIMES AND SIGNALS**

Warning                      0900 hours

#### **TIME LIMIT: 1900 hours**

In the event of a postponement the time limit will be extended by an amount of time equal to the postponement.

#### **POSTPONEMENT**

Postponement will be signaled by hoisting the answering pennant and firing two shots. One minute after the end of the postponement period the warning gun and signal will signify the resumption of the regular starting sequence. Time limit will be extended by an amount equal to any postponement.

#### **INDIVIDUAL RECALL**

Yachts prematurely across the starting line at their start will be notified by the hoisting of the X flag and on radio (channel 71), if possible. However, nothing contained in these instructions shall relieve a yacht of its obligation to make a proper start. A yacht, which does not return to make a proper start, will have 20 minutes added to its elapsed time.

#### **GENERAL RECALL**

Recall of the entire starting group will be signaled by hoisting the first repeater code pennant (blue and yellow) and firing two shots. When recalled, all yachts of that starting time shall immediately leave the starting area; **their starting time will be postponed to five (5) minutes after the last-scheduled group of starters.** If there is more than one general recall, the recalled groups will start in the order of their initially scheduled starts, following the completion of the regularly scheduled starters.

#### **RACE CANCELLATIONS**

In the event of a cancellation, competitors will be notified by VHF radio, and firing of three shots. If the starting sequence has started the shape will be lowered. Upon cancellation, half of the entry fee will be refunded to each yacht. When rescheduled, yachts re-entering will pay the remaining half of the entry fee. Rescheduling information will be mailed to all competing yachts.

#### **PENALTIES AND PROTESTS**

Intention to protest should be made on VHF Channel 71, phone, or in person to the committee as soon as possible after the finish, and must be made in writing and postmarked by March 22, 2006. Protests should be mailed to the Race Committee, 1853 Clement Ave, Alameda, CA 94501. Those skippers will be notified by phone or email of the time and place of the protest hearing.

#### **TROPHIES**

FIRST on Elapsed Time

FIRST Overall Corrected

Divisions: 1<sup>st</sup> - if 2 or more starters

2<sup>nd</sup> - if 5 or more starters

3<sup>rd</sup> - if 9 or more starters

4<sup>th</sup> - if 12 or more starters, etc.

All mono-hulls will be eligible for elapsed, corrected, and divisional trophies. All multi-hulls will be eligible for elapsed and divisional trophies. Corrected times for mono-hulls will be computed using Time on Distance.

#### **AWARDS PRESENTATION**

Awards presentation will be announced.