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**2010 Women's Sailing Seminar**  
**Coming October 9 & 10**

The 18th Annual Northern California Women's Sailing Seminar  
 Saturday and Sunday  
 October 9 and 10, 2010

At the Island Yacht Club in the Alameda Marina  
 18th Annual Northern California Women's Sailing Seminar  
 This is the only sailing event in the Bay Area that is specifically designed for women. It is a fun, educational, and social event for women of all ages and skill levels. The seminar will feature a variety of topics, including boat handling, seamanship, and safety. The event is held at the Island Yacht Club in the Alameda Marina, which is a beautiful and scenic location. The seminar is a great opportunity for women to learn from experienced sailors and to meet other women who share their passion for sailing.

Plans are in full swing for this year's WSSI! This is a huge event for us, and the organizers will need help from now until then, and especially volunteers that weekend! WSSI is a ton of fun, feels great, and is also our biggest fundraiser of the year. If you possibly can, plan on helping out October 9 & 10 as IYC once again presents our renowned Women's Sailing Seminar. Or register, and take advantage of this great opportunity to improve your skills — taught by women, for women.

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**Next Membership Dinner October 23**

Back to our normal 4th-and-14th schedule next month. Watch your Emails and IYC.ORG for information on our speaker.

**Next MainSheet on/about October 15**

Continuing our mid-month schedule thru January.

**FALL EVENTS CALENDAR**

- PLAN AHEAD!** Here's the rest of 2010:
- Sept 24 Island Nights Summer Race #5 and Awards!
  - Oct 9-10 18th Women's Sailing Seminar
  - Oct 12 Board Meeting
  - Oct 23 Membership Dinner
  - Oct 30-31 Cruise-out to Corinthian YC (tentative)
  - Nov 7 Jack & Jill + 1 / Chili Cookoff
  - Nov 9 Board Meeting
  - Nov 14 Island Days Fall Race #1
  - Nov 20 Change of Watch Party
  - Nov 21 Breakfast/Calendar Meeting
  - Nov 21 Commodore's Cup Race
  - Dec 4 Lighted Boat Parade
  - Dec 12 Island Days Race #2
  - Dec 14 Board Meeting

**Colog, September 2010**

Friday night race courses are getting shorter, the Labor Day cruise came and went, I'm wondering if the first quiz I wrote is too hard for the students - this only means one thing - summer's coming to an end! Well maybe it'll start warming up around here...

Things are certainly warming up around the club. The 18th Annual Women's Sailing Seminar is revving into high gear with Bethany Smith leading a cadre of talent, energy, and experienced souls directed to another spectacular IYC event coming our way on October 9 & 10. It's an ideal event for women who are new to sailing, and for women who want to brush up on some skills (like person overboard drills!) - come out and soak up instruction from some of the best women sailors on the Bay.

For the August membership dinner, 25 diners were treated by a spectacular Hawaiian themed meal prepared by guest chef Trevor. Following the dinner and some club business - even the little by the way - the only missing one thing - summer's coming to an end! Well maybe it'll start warming up around here...

Our Friday night race series, **Island Nights**, will come to a close on September 24 - it's not too late to get in one more "beer can race" and festive BBQ & raffie before this season's over! But racers won't have to wait until next spring do dust off their racing shoes - IYC's midwinter series, **Island Days**, will be kicking off November 14, running the second Sunday of each month through March.

Hope to see you around the club or on the race course soon!

**Change of Watch - November 20**

The Racers Chicks win their first "hardware" (Dawn's term) at the September 10th Island Nights race.

restarting and Bondido continuing and Tahoe too withdrawing. A Tuna Mutato with Janet and Loreta and dog assisted Bill took first in the Santurra fleet, and Steve and Carmen in Freudian Sloop won the non-spinaker division.

We're planning some way cool hula girls and guys trophies for the race awards on Friday September 24, so see ya there!

**RACING NOTES**

Well, the last Friday Island Nights race was a real head scratcher. Someone (who will go unnamed but who's initials are "John T. New") set the start - this only means one thing - summer's coming to an end! Well maybe it'll start warming up around here...

Wuwu learned a lot from the "practice" start, then nailed the second one and never looked back. We are currently tied for first with Lelo too so we won't be loaning Debby Ratto to Emile for the next race.

In the 168 division, Dawn and the Dire Straits Racer Chicks managed to nail the start (did I mention that the pin was like way favored) and took a second place behind the other J24 Phantoms. We were still trying to figure out the Merits, with Bewitched

**FROM THE EDITOR'S DESK**

Last month I was writing this column as Speranza and I were preparing for our big week-long charter in the British Virgin Islands. This would be our first time ever chartering a boat for longer than a day and the first time visiting the BVI.

We booked this trip at last April's Stricity Sail boat show. The "off season" rate was about 50% of high season, and we both SO love a good discount. Sure, it's storm season, but the BVI tend to be off the main hurricane tracks; it's been ten years since they were hit. Sp and I tend to have really good luck with weather, so we threw caution to those high winds, booked our flights and went for it.

It was a beautiful, hot afternoon, and we learned a lot. That evening we took a shuttle over to Bobby's Marketplace, a supermarket packed with - well, everything. We were buying for the rest of the week, so it was a huge load. We got it all back to the boat and safely stowed in the fridge and cooler, had drinks, had dinner, and got to bed. Tomorrow would be a great day.

We were up and out in pretty good shape Sunday morning. The BVI Charters folks were watching Hurricane Earl and telling us that they might have to call us back if it appeared to be heading toward us. With that warning, it looked like snorkeling at Norman Island, just across the channel to the south, would be a good bet for us.

We really had a good sail over; a very pleasant breeze and that excitement of pulling into a new destination and trying out our new mooring-ball skills. We were out perhaps two hours - about 10 minutes from dropping the sails and motoring into the little bay when we got the call on the cellphone; they want us back by 2:00.

Knowing how long it took us to get over, that meant turning around right where we were. Sadly, we came about and headed back to the marina.

**Storm Preparations**

When we got back, Road Town was in full-prep mode. The BVI Yacht Club was having a "hurricane hole" some miles away; the few still in use to another, more protected marina close by. We turned the boat over to the staff and checked in with the office.

The idea now was that the boat would be storm-secured by the staff. That means the job comes off and the mainsail gets tied tightly into a package that can't come loose when getting batted by high winds. It would then be moved to the other marina and tied down with lots of lines that would hold it firmly in place while not allowing it to bang against either the dock nor any other boats. We would then spend that night (Sunday) on the boat, and move to the adjacent hotel Monday morning to ride out the storm.

We slipped cocktails at the patio bar and watched other boats come in. One fascinating thing was seeing that, after trying themselves into their slips aft-first, some boats ran their anchor there, then tightened up on the chain. This pulled both boats away from their docks, further protecting them from being banged in the wind.

We met our neighbors that afternoon, a family group of 5 from Colo. Dad had been a sailing instructor at the nearby Moorings facility for several years and knew the BVI intimately. They were chartering from BVIYC as well, and had the same plans to stay on the boat that night.

But that evening, he had his laptop out and called me over to show me the radar picture of Earl. The outer edges, colored blue, were just reaching us. Beyond that was a mass of bright red at least 200 miles across. I was obliged at that for two seconds and said, "We're outta here." It was obvious that, although we might be safe through the night, we would probably be moving to the hotel in pouring rain if it waited until morning. We packed up everything we could take and headed for the hotel, along with anything valuable, locked the boat and headed for the day.

**Earl**

Although winds started coming up during the night, the full force of Earl did not strike until Monday afternoon. We were able to walk around a bit and watch as people hauled boats out of the water and backed up windows. We felt secure in our concrete hotel, and happy that we had not paid extra for the water-view room; having another building between us and the force of the storm would be just fine.

It was August 30, and we had sandwiches for lunch and dinner as the wind and rain pounded the building. Power to nearly all the BVI went out very early, but our hotel had its own generator so everything worked except the telephones, Internet, cable TV and cell service. At one point the winds were so strong that they blew the heavy curtains and stayed away from that side of the door to stop the wind-driven rains from entering. But we were essentially fine; fairing far better than most of the population.

Tuesday August 31, our 25th wedding anniversary. (Did I mention that was the reason for this special trip?) Earl had now passed, and the local radio, the primary communication channel for the entire country during this period, was alive with reports coming in from all over about roads blocked, trees down and damage. The flat coral island of Anegada, about 35 miles northeast of Tortola, had been hit by far the hardest of all the BVI, the eyes of Earl passing very close to it. Anegada was happening everywhere, but power would probably be off in most of the islands for several days.

At this point we had a decision to make. Hard on the heels of Earl, Hurricane Fiona was also on a track directly for us. Although Fiona could still veer off, the National Hurricane Center gave it a better-than-even chance of it hitting the BVI directly. Rather than take the chance of heading out on Sapphire only to be called back again, and spend the rest of our week holed up in the hotel, we decided to cut our losses. The phones had come back and we could call American and JetBlue; we could get out Wednesday morning, have an afternoon and evening in San Juan, and be home by Thursday night.

(KUDOS at this point to "Dixie," a reservations supervisor at JetBlue, who waived all the fees and fare increases when we sprang \$700.00 about this being our anniversary. She probably saved us around \$700.)

**The Aftermath, and Looking Back**

As history shows, Fiona did end up making a hard right turn and missing the Caribbean altogether; they had lovely weather the rest of the week. I look back philologically; we have now experienced a full Class 4 hurricane and seen how boats are prepared. In fact, I consider what a travel agency would have to charge to fly you out to a location and guarantee you get a storm! Probably thousands of dollars more than we paid, right? So maybe we got a bargain after all.

**Moral of the story:** there are discounts, and there are discounts.

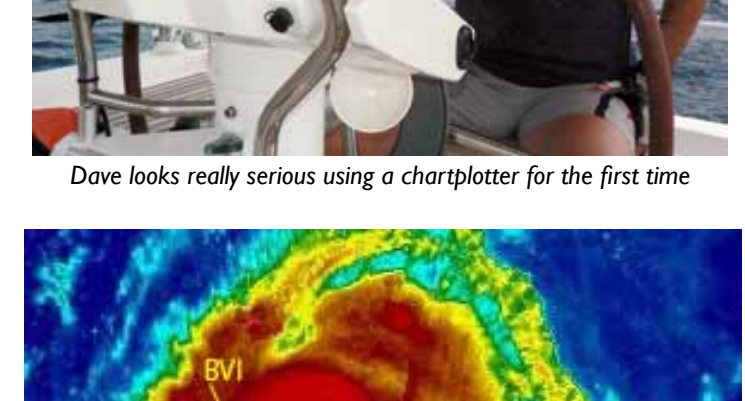
There is "off season" just because people don't travel so much at that time, and there is "off season" just because you really don't want to be there then. We'll get back to the BVI for sure; but it won't be in August.

We had Friday to unpack and relax, and then enjoyed a beautiful Bay Area weekend sailing our own Dream Catcher down to Coyote Point, accompanied by Cindy Wagner and Ward Fulcher on Sugar Magnolia.

And if you want to know the story of our engine not starting, nearly grounding into the shore when we missed seeing the entrance markers, and being towed in by the incredible staff of Coyote Point Marina, you'll just have to ask Speranza or me in person.



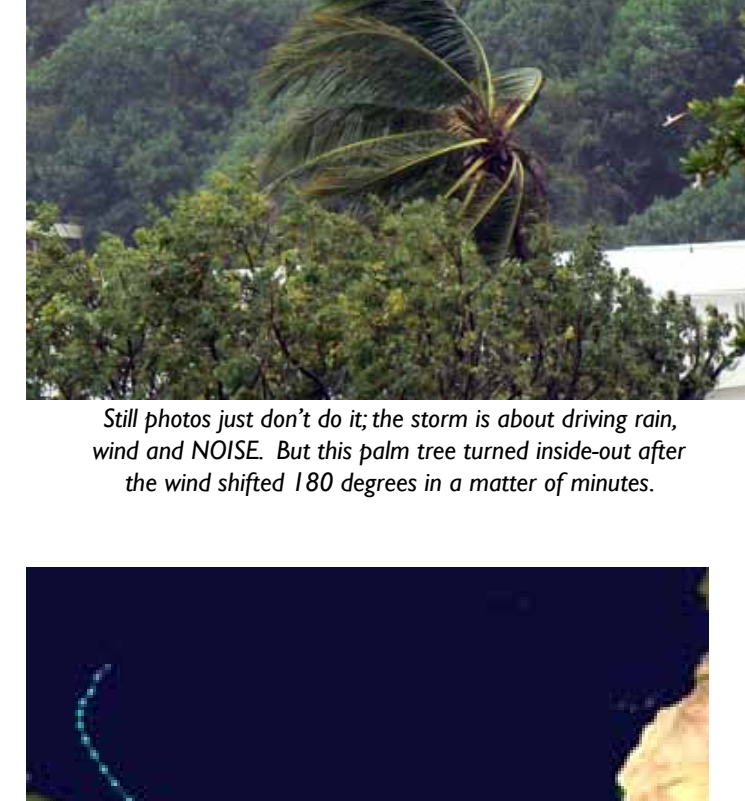
The Racers Chicks win their first "hardware" (Dawn's term) at the September 10th Island Nights race.



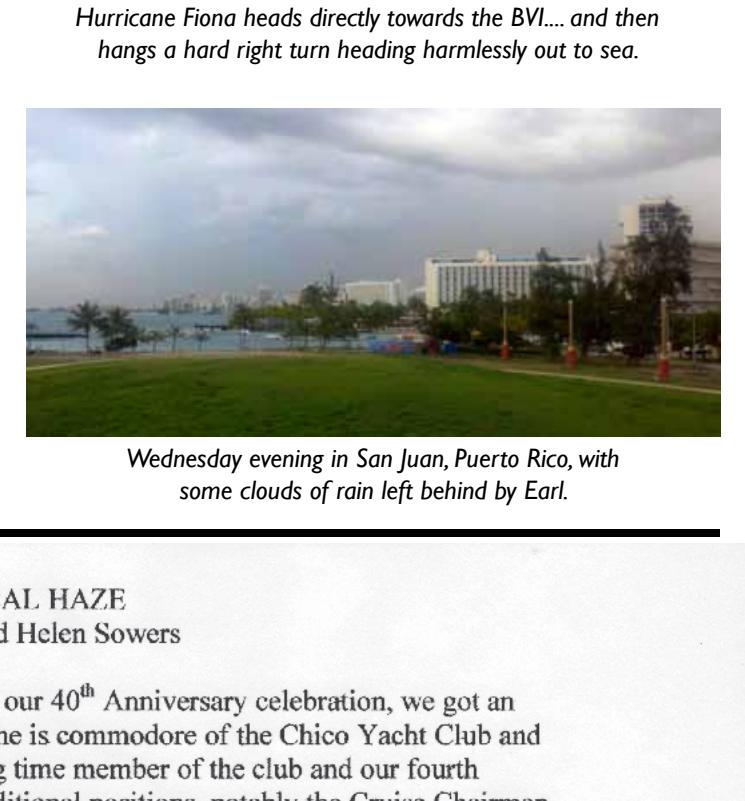
First night (as it turned out, the only night) on Sapphire, with some great Caribbean takeout.



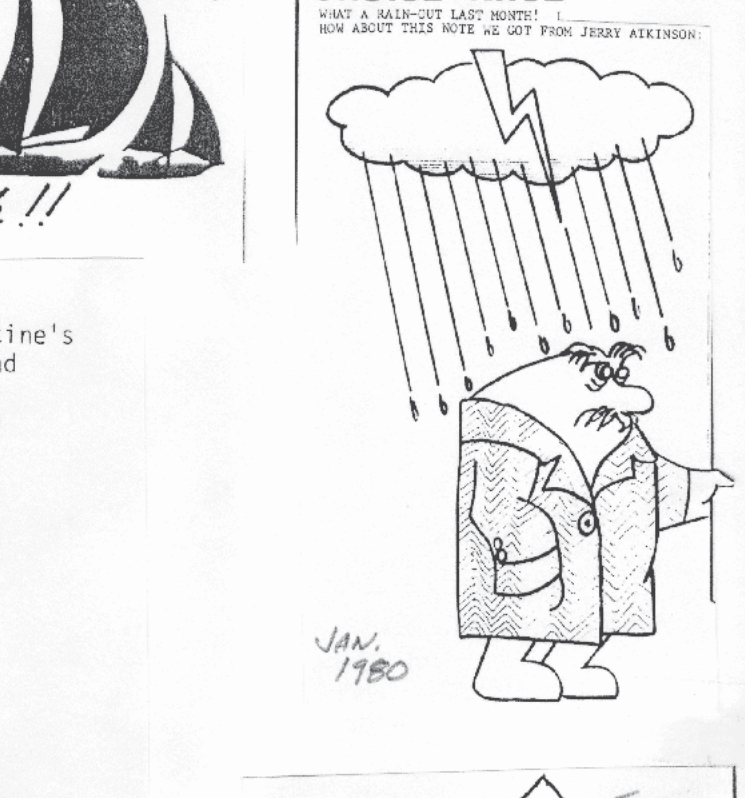
Dave looks really serious using a chartplotter for the first time.



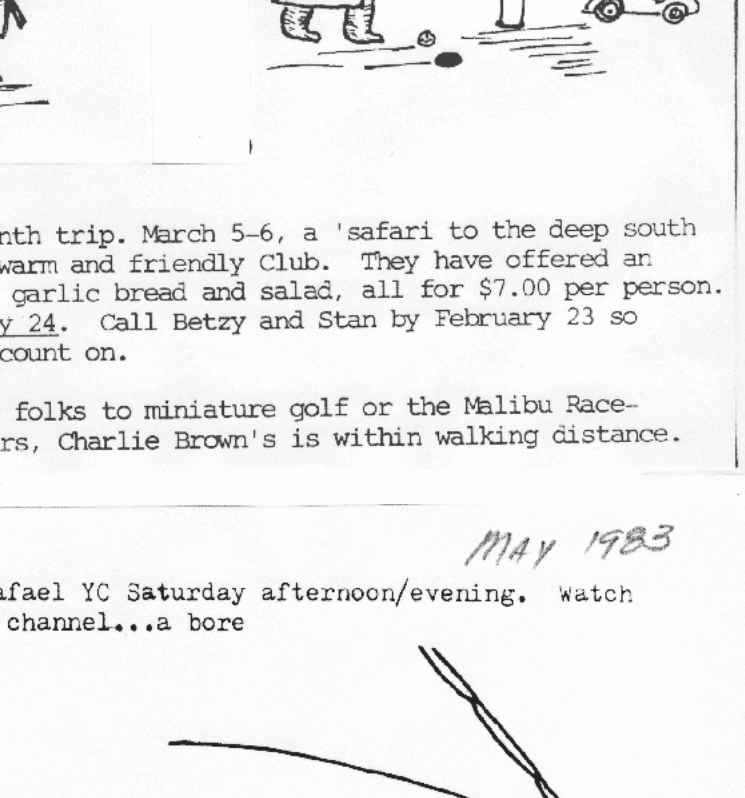
When I looked at his screen, Earl was still several hundred miles east of the image above. Earl was this high over Puerto Rico.



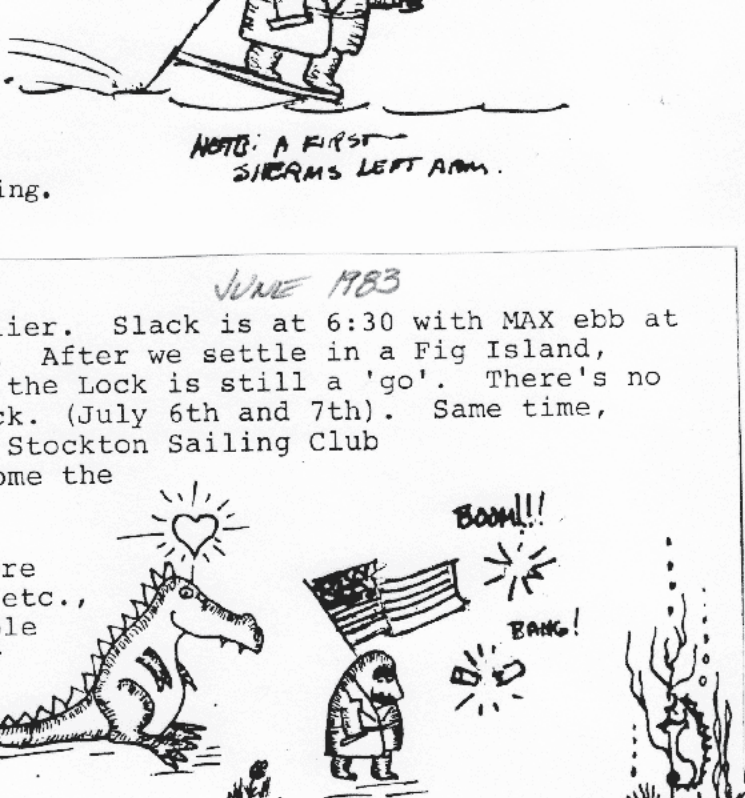
The "galley" of room B-10, Village Cay Hotel, Road Town



Sail photos just don't do it; the storm is about driving rain, wind and NOISE. But this palm tree turned inside-out after the wind shifted 180 degrees in a matter of minutes.



Hurricane Fiona heads directly towards the BVI... and then hangs a hard right turn heading harmlessly out to sea.



Wednesday evening in San Juan, Puerto Rico, with some clouds of rain left behind by Earl.

**HISTORICAL HAZE**

By Malcolm and Helen Sowers

In response to a request for memories of IYC for our 40th Anniversary, we got an email from Stan Cole's daughter, Karen Cole. She is commodore of the Chico Yacht Club and has fond memories of IYC. Stan Cole was a long time member of the club and our fourth commodore. During the years he had several additional positions, notably the Cruise Chairman in 1980 and 1983. Who remembers his able assistant, Unc' Sherman, the dirty-old-man flasher doll? Unc' Sherman was featured prominently in 1980 and 1983 Kruz Kruz reports, with an appropriate cartoon of him. Here are some of the cartoons:



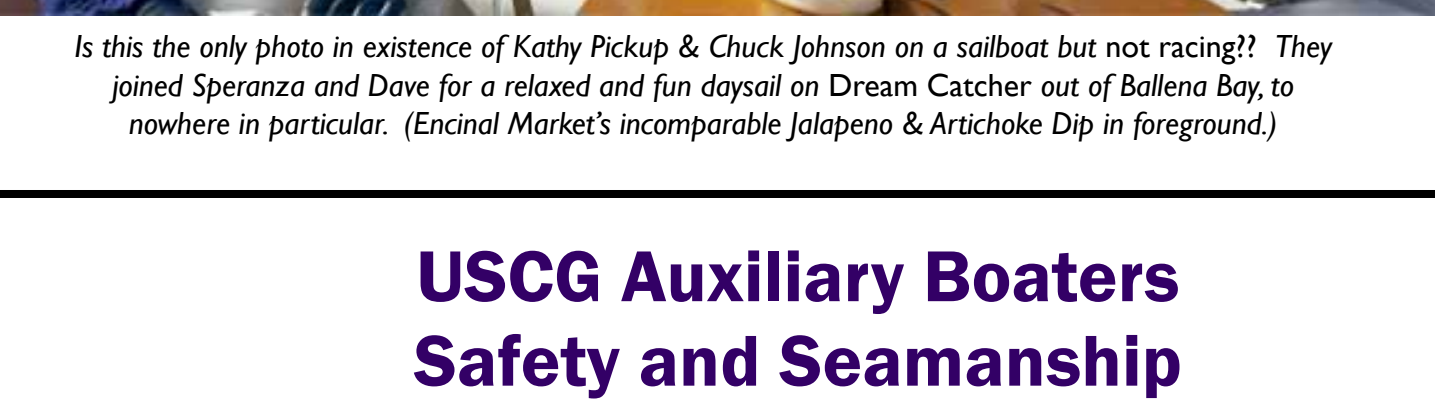
**CRUISE KRUZ**  
 HOW ABOUT THIS HERE WE GOT FROM JOHN KEENEHORN



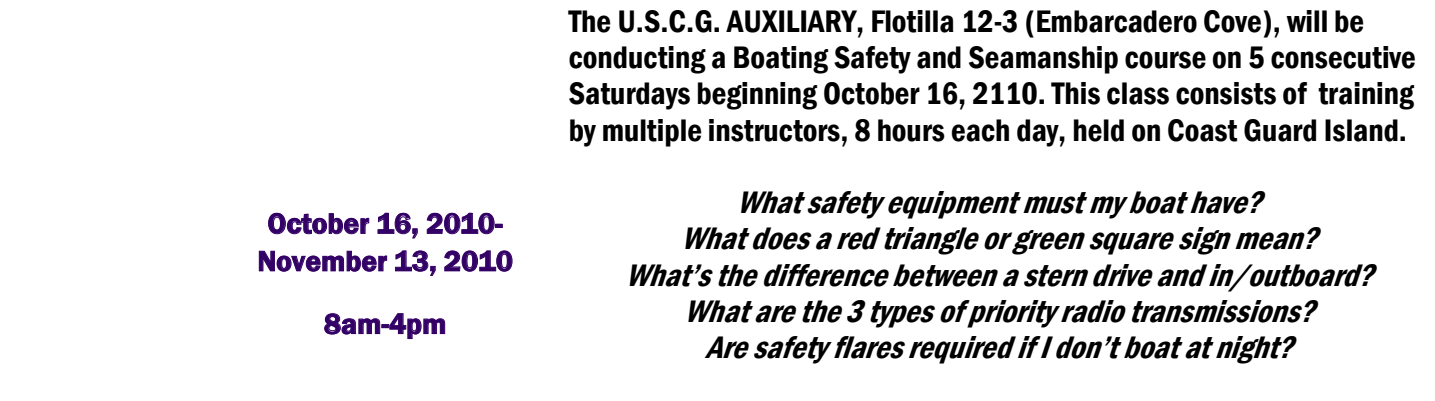
**1979**  
 AH-H-H, FEBRUARY!!!  
 Are you ready for this? Valentine's Day, Washington's Birthday, and Petaluma... the KRUZ is off to Chickentown (Petaluma) via The Brothers and up the Patuma Creek. When, you ask?  
 February 19, 20, and 21, that's the date. MARK YOUR CALENDAR and watch for details in the next KRUZ NEWS Column...



**JAN 1983**  
 \* MARCH MARCHES ON!  
 And now for March, an early-in-the-morning trip. March 5-6, a 'safari to the deep south bay'... to Sequoia YC. This is a very warm and friendly Club. After we settle in a Fig Island, the side trip to Sacramento YC and the Lock is still a 'go'. There's no charge for the trip through the Lock. (July 6th and 7th). Same time, we've scheduled the annual trip to Stockton Sailing Club and on the 9th, down to Vallejo, Home the 10th.



**JUNE 1983**  
 CHANGE, THIS YEAR! There'll be shore service to the Lighthouse for ice, etc., but you will have to pay a reasonable donation for fuel used and beer for the boat operator.



**AUG 1983**  
 THERE'S NO SHARKS DOWN HEAR, CUZ... THE BARRIA CURA SEARCH EM AWAY  
 S. F. 3500

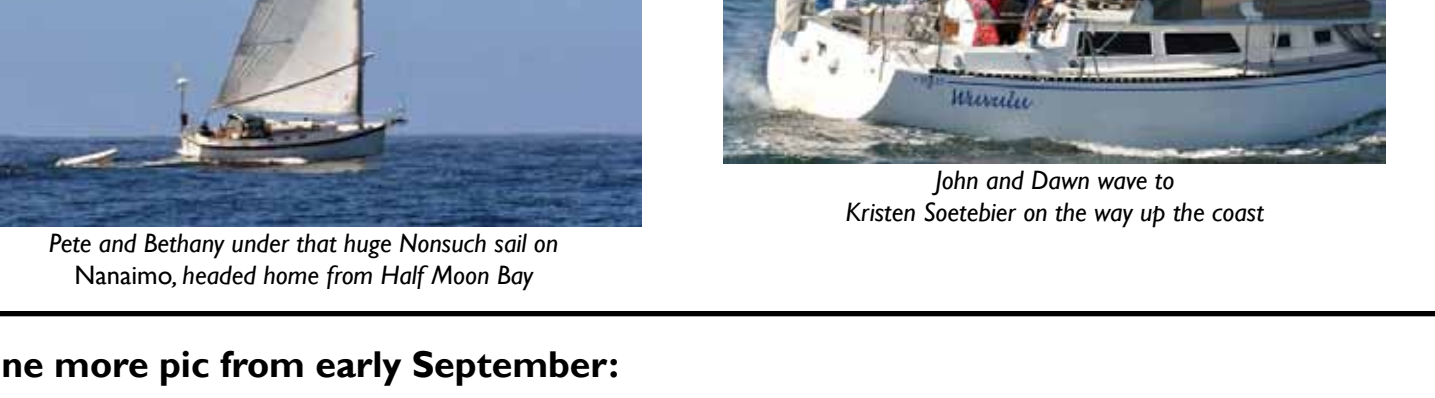
**FIRE INSPECTION NOTICE**

Our clubhouse was inspected by the Alameda Fire Department at the end of August, and there were several violations, all of which are being fixed. You'll notice that all of our fire extinguishers are now properly mounted on the walls, with nice big signs pointing to each one. Port Captain Pete Butler fixed some other things as well.

One thing that we must all be conscious of, is **never blocking emergency exits**. For a long time, our galley crew has placed one of the big white coolers in the small hallway to the back door; very convenient, but not legal. If you help out in the galley, please make sure to return to that cooler, or anything else, in that hallway.

**PHOTO SECTION**

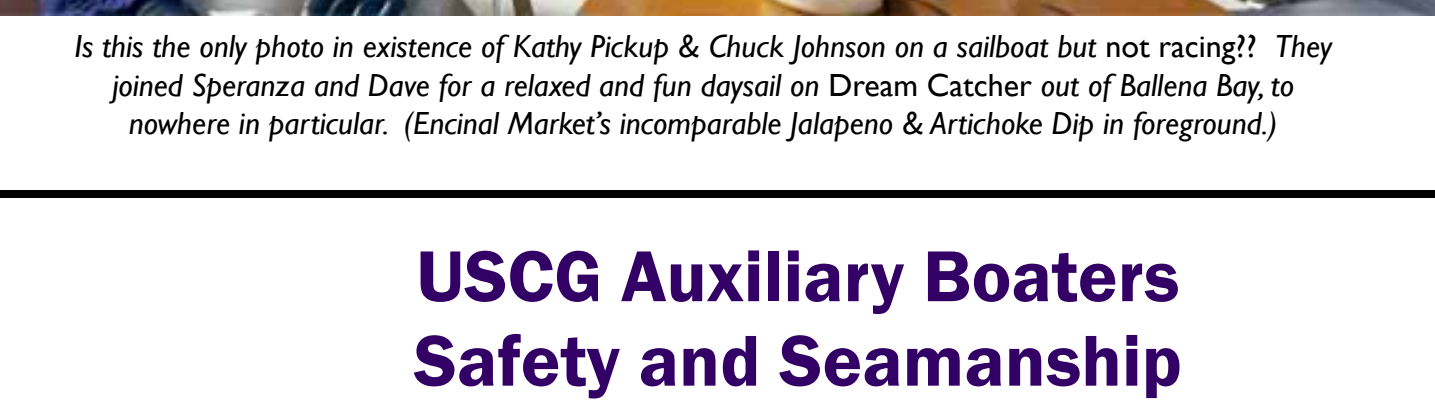
Thanks to **Kristen Soeteber** and **Pete Butler** for sending us some photos of the Half Moon Bay Cruise-out!



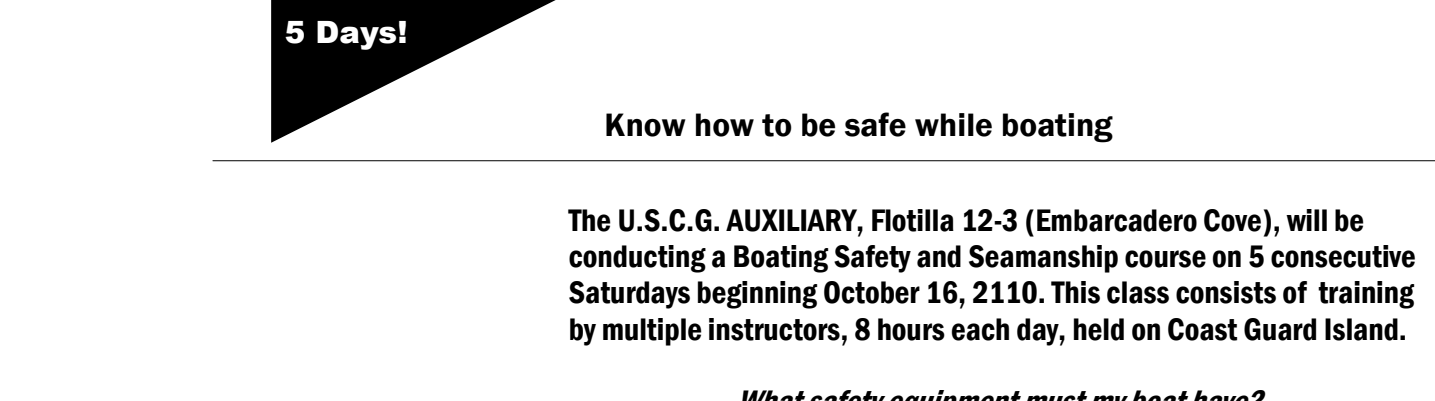
Labour Day Weekend at Half Moon Bay, lots of Bay Area club boats anchored and Kristen and up



Pete and Bethany on board Nanaimo



Pete blogs at [www.vvnanaimo.com](http://www.vvnanaimo.com) that "The best part turned out to be this amazing pot luck we hosted. Kristen and Rob made a fantastic chicken ziti, Dawn made both Greek and beet salads, and I made a paella. We drank a ton of wine and beer, and a good time was had by all."



Pete and Bethany under that huge Norcross sail on Nanaimo, headed home from Half Moon Bay



John and Dawn wave to Kristen Soeteber on the way up the coast

**One more pic from early September:**



Is this the only photo in existence of Kathy Pickup and Chuck Johnson on a sailboat but not racing?? They joined Speranza and Dave for a relaxed and fun daysail on Dream Catcher out of Ballena Bay, to nowhere in particular. (Encinal Market's incomparable Jalapeno & Artichoke Dip in foreground.)

**USCG Auxiliary Boaters Safety and Seamanship Class!**

**5 Days!** Know how to be safe while boating

The U.S.C.G. AUXILIARY, Flotilla 12-3 (Embarcadero Cove), will be conducting a Boating Safety and Seamanship course on 5 consecutive Saturdays beginning October 16, 2110. This class consists of training by multiple instructors, 8 hours each day, held on Coast Guard Island.

**October 16, 2010 - November 13, 2010**  
**8am-4pm**

**Location:** COAST GUARD ISLAND, Alameda

Get the answers to these and many, many more questions! Bring your boat names. Invest in your child's safety, and bring him/her along.

**MOST INSURANCE COMPANIES OFFER DISCOUNTS FOR SUCCESSFUL COMPLETION OF THIS COURSE**

Cost: \$50 by 10-8-10, or \$65 after that date. Kids under 18 are \$25, when sharing a book with a parent. SPACE IS LIMITED. REGISTER EARLY TO LOCK IN A SPOT!

For more information contact Bruce Bennett at: 510-468-8013; or email at: [egben@sbglobal.net](mailto:egben@sbglobal.net)

**UNITED STATES COAST GUARD AUXILIARY**

**America's Volunteer Guardians**

Promoting Boating Safety, Security and Stewardship since 1939