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Great Fun, Great Racing at the Sadie Hawkins Race!



Ten sailors in the Sadie Hawkins Race pose for the camera. (Top to bottom, left to right: Dawn Chesney, Debby Ratta, Betty Sleeth, Kristen Soetebeier, Laraine Salmon, Bethany Smith, Lucie Mewes and crew Molly Prun, Terri Griffith, and Vivienne Fagrell. (Not pictured: Kathlene Jackson.) (This and most other photos from the SHR celebration) by Aaron Lee.

This really was a fun day! A good north wind came up in the morning gray clouds gave way to a nice mix of big fluffy white ones and lots of blue sky. Some interest was added by a very high tide, combined with a constant flow of Coast Guard advisories about the possibilities of a tsunami causing some additional rise or some weird currents. (neither of which happened, which was fine).

Off the water, and into the chowder; several delicious concoctions with a wide range of ingredients and flavors.

Congratulations to Race winners Vivienne Fagrell (Spin) and Dawn Chesney, (Non-Spin) and to First Place Chowder Challenge winner Lucie Mewes! And thank you to everyone who came to race in this very special IYC event.



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- Photo Section

MARCH/APRIL EVENTS CALENDAR

- Tue Mar 9 Board Meeting
- Sat Mar 13 Double-Handed Lightship Race
- Sat Mar 14 Island Days Midwinter #5
- Sat Mar 27 Membership Dinner — Onboard Cooking!
- Sat Apr 10 Interclub South Bay Race (The YC RC)
- Tue Apr 13 Board Meeting
- Sat Apr 17 Membership Dinner — The Cheer
- Fri Apr 23 Island Nights Spring Race #1
- Sun Apr 25 PICYA Opening Day on the Bay

CoLog, March 2010

Activity abounds at the Club: a festive crab feed, building momentum for the 2010 California Invitational Blind Sailing Regatta, midwinter races, the Super Bowl on a fabulously new flat screen TV in the bar... About 60 crab-seeking folks enjoyed a wonderful popular crab feed on January 30, successfully pulled off by Galley Manager Stephen Taylor and wife Carmen. Helping out (especially with clean up!) were Mark Sailer and the Sea Scouts & Officers from the Sea Scout Ship Sea Fox.

In mid-January, the Board approved a proposal from the Marin Sailing School for the Blind that IYC host the 2010 California Invitational Blind Sailing Regatta to be held on the Estuary this coming May 14 through 16. This will be the first blind sailing regatta ever held on the West Coast! New members Al Spector and Danette Davis, along with blind sail trimmer Philip Kum have been working feverishly with several other IYC members including Steve Bayles, George Lythcott, Dawn Chesney, Dave Bloch, John New, Jane Brown, Nancy Quinn, and yours truly to get everything lined up for this amazing race weekend. You'll be reading much more about this event later in this Mainsheet in the coming months.

On a facilities note, huge thanks to Port Captain Pete Butler for researching, shopping, securing, and mounting the brand new 46" LG flat-screen TV in the bar! The vibrant picture will knock your foulies off - I can't wait to see slide shows of races on the new set.

Lastly, an update on Board positions. At the crab feed, Joel Sleeth was unanimously voted in as our 2010 Rear Commodore - welcome Joel! And I'm happy to report that Betty Sleeth has agreed to continue serving as Ship's Store Manager. We still have vacancies in Publications/Newsletter and Cruising (Co-) Chair, and we will need A LOT of help on the Friday soon as our Galley Manager has fantasies of going out racing on Friday night — what a concept! Even if you'll be racing too, there are still ways to help — shopping and cleanup can be done when you're not on the water. We now have a whiteboard up in the clubhouse where you can post your name as a volunteer. Thanks in advance for coming out to help!



Two photos from our big Crab Feed



2010 CALIFORNIA INVOLUTIONAL BLIND SAILING REGATTA
MAY 14-16, 2010 | ALAMEDA, CA

FROM THE EDITOR'S DESK

Six weeks since the last Mainsheet and so much is going on! As I write this on February 24, I don't yet know what you'll find in this issue, so I'll just run down some of the great things I've seen happening.

The Big Race
I've never paid much attention to the America's Cup; those guys are way out of my league, or even my frame of reference. But this time, because that trophy that has so much history is coming here to our very own Bay, it means something. A great big spotlight is shining on our boats right now, and that makes it seem like things that do not matter more than before.

Will the next AC take place here? What does that possibility mean for us as a club (or as individual sailors)? Can we, or should we, do what we can to increase the chance of the regatta being held here? It would be an incredible experience to see those highly-engineered boats flying across the Slot. I'm hoping PICYA gets pretty verbal about this as the discussions continue.

What about PICYA?
Commandors David Ross and I (wearing my Vice-Comm hat) attended the PICYA Leadership Conference at Benicia YC on February 20. Because PICYA (Pacific Inter-Club Yacht Association) is an "umbrella" organization whose members are clubs, it takes a little extra effort to explore the things they do.

Turns out, PICYA does a lot, and they do it over a huge geographical area extending from the Bay to Lake Tahoe. (My former club, the Gold Country Yacht Club in Nevada County, is part of PICYA.) Opening Day on the Bay (April 25 this year) is their most visible project, but PICYA also sponsors workshops, regattas, a scholarship program, and acts as an information clearinghouse for all the clubs through its Website at www.picya.org.

PICYA is also one of two organizations (Southern California Yachting Association being the other) that run RBOC, the Recreational Boaters of California. RBOC is an advocacy organization that, through the Sacramento lobbying firm Desmond & Desmond, monitors the hundreds of bills submitted to the legislature each session, looking for any that might impact recreational boating. RBOC also watches for potential changes in regulations, including the proposed Coastal Marina Permit that could easily put many marinas (including those owned by YIC clubs) out of business. Look for information on this proposal elsewhere in this Mainsheet.

The CIBSR
It's the California Invitational Blind Sailing Regatta coming up May 15-16 and sponsored by the Marin Sailing School Blind Sailing Program and our very own IYC! This should be a great event, with teams coming thousands of miles to compete. There will be lots more information coming to you over the next weeks, but mark your calendar and visit the CIBSR Website www.cibsr.com.

Special Events
The Crab Feed, Super Bowl Sunday, and the annual Sadie Hawkins Race and Chowder Challenge also took place since the last Mainsheet! (Not to mention the purchase and installation of a great new flat-screen TV in the bar.) Take a look through this issue and see what we've got about those events! (It's always great to learn new things, and the SHR was my first time serving on a Race Committee. Note to self: bring earplugs next time.)

And Our Regular Events
Meanwhile, there have been IYC's usual race schedule (including the annual Sadie Hawkins Race, not yet run as I write this) and the midwinter Island Days series. Our January membership dinner was the big Crab Feed, and February featured presentations on the Lighted Boat Parade, the CIBSR, and George Lythcott's big award!

Ron Konkile of the annual holiday Lighted Yacht Parade spoke to us before dinner on February 27. The LYP is looking for interested sailors to work on the committees for the 2010 event. LYP is great fun, draws a lot of attention to our sport, and proceeds go directly to charity. Lots more information at the LYP Website. If you're interested in helping out, Email Ron immediately. rkonkile@spectrumreps.com.

Coming Up Next Month
I was at Berkeley Yacht Club on the 20th for their monthly dinner, and the speakers were from the National Weather Service. They gave a great tour of the all-new NWS Website at www.weather.gov. They've accepted our invitation to speak at our April 17 membership dinner. Even if you've visited the Website before, don't miss this! There are probably features built into the site (especially in our region) that you didn't know existed.

Note that date! Our April and May meetings are both the third Saturdays, not the usual fourth.



The new poster for 2010 Opening Day on the Bay with theme "Building Bridges."



A student of the Marin Sailing School Blind Sailing Program handles their boat out on the Bay.



Chilling out with friends at IYC Movie Night



Screenshot of the NWS map, showing the localized forecast area in the center.

March Membership Dinner: DINNER!

You'll want to leave some room after our March 22th Membership Dinner to sample the made-on-the-spot delights by our featured speaker Lynne Orloff-Jones. Lynne's books *Hurry Up! I'm Hungry* and *Canto-Pan Cookery* are both favorites of the kitchen-challenged on the water and off, and she has been teaching cooking classes and presenting to yacht clubs for more than twenty years.

Lynne is often referred to as the "Galley Goddess." She has been sailing and cooking afloat for 28 years, including a year round-trip cruise from S.F. to Mexico; plus chartering boats (BVI, Croatia, San Juan Islands, Desolation Sound, etc.), and regularly sails and races year-round on the Bay and Delta.

Lynne will discuss and demonstrate how to do quick impromptu appetizers, offer potluck ideas, give helpful advice on provisioning (for a weekend or a week), and maybe show some delicious galley gadgets and products to make your cooking easier, more useful and fun!

April Membership Dinner: Webbing the Weather

Join us April 17 (note: that's the THIRD Saturday) as Mark Strobin and Larry Smith of the National Weather Service come to IYC to tell us about how they make forecasts and give us an in-depth tour of the new NWS regional Website! It's a huge upgrade, with extremely localized forecasts available for just about any part of the Bay or our area of the Pacific Ocean. Plus hourly data, tides, currents, and on... This was a great presentation last month at Berkeley YC and we're happy to have them come visit IYC! NOTE that this is also the weekend of the Strictly Sail Show, so plan your Show visit to finish up just in time to join us for cocktail hour, dinner and the weather!

UPDATE: The 2010 California Invitational Blind Sailing Regatta — May 14-16, 2010

The Marin Sailing School Program for the Blind is honored to be partnering up with the Island Yacht Club to put together the inaugural California Invitational Blind Sailing Regatta. Blind sailors from the US and foreign countries will be coming to compete on the waters of the Oakland/Alameda Estuary. The regatta will be hosted by the Island Yacht Club during the weekend of May 14 through May 16. The blind sailing teams will be racing J/24s in a series of races over a fun-filled weekend for all involved including IYC members.

In addition to the exciting racing that will be taking place right in IYC's backyard, there will be a Celebration Dinner Party at the Island Yacht Club on Saturday May 15, commemorating the first day of racing and to help raise funds for the Marin Sailing School Program for the Blind. We hope to see all IYC members there! Please visit www.cibsr.com to find out more information about the Party, and the whole Regatta. (This will be our monthly Membership Dinner for May.)

The Marin Sailing School Program for the Blind has received tremendous support from the Island Yacht Club. Members have generously donated countless hours of their valuable time and skill to put together the event, and to help train California One, the home team that will be representing IYC and Marin Sailing School Program for the Blind.

With that being said, the IYC Organizing Committee is looking for several host families to each house one blind sailor and their sighted guide for the Friday, Saturday, and Sunday evenings while the teams are in town for the regatta.

If you are interested in hosting two guests during the weekend of May 14th-16th please contact Al Spector (aspector@marinsailingschool.com).

We are also still looking for some J/24s to borrow for that weekend. If you have a boat you can loan for the regatta, or know someone who might have one, please contact Steve Bayles: steve_bayles@hotmail.com as soon as possible.

Besides those two specific needs, there will be lots to do to prepare for and during the event! If you have some time to spare, please contact Dawn Chesney (dcchenzy@yahoo.com) to see how you can help out.

You can always support the cause by checking out the website at www.cibsr.com and clicking the PayPal button to make a donation to support the Marin Sailing School Program for the Blind.

Thanks to everyone! Watch for more information in upcoming Mainsheets and at www.iyc.org.

RBOC Call to Arms: Statewide "Coastal Marina Permit" — A Sailsor's Urgent Needed Marina

From the RBOC
The California State Water Resources Control Board (SWRCB) is moving forward with a proposed statewide requirement that marinas and clubs with 10 or more slips and moorings obtain a state permit (termed a Coastal Marina Permit) and comply with many new requirements including extensive permitting and reporting at a projected annual cost of hundreds of thousands in dollars.

The use of the word "coastal" in the permit name is a misnomer. The text of the proposal states that it would be required of moorings and marinas located not only along the coast but in bays, estuaries, and certain fresh water mixing zones such as the San-Joaquin Delta. The scope could also be expanded as the proposal moves forward.

Recreational Boaters of California (RBOC) is working on this critical issue in cooperation with allied partners including Bay Planning Coalition, BoatUS, California Association of Harbor Masters and Port Captains, California Marine Parks and Harbors Association, California Yacht Brokers Association, Marina and Recreation Association, and Western Boaters Safety Group.

The SWRCB plans to conduct stakeholder workshops in March, to receive public comments in April, and to vote upon the permit in November of 2010. The exact dates, times and locations of the stakeholder workshops have not yet been set, but plans are for workshops to be in San Diego, Ventura, and Francisco.

[From the Editor: if you are reading this mainsheet online, please click here: http://www.rboc.org/call_to_arms.html where you can download a package of information including a letter of support for RBOC and the entire text of the proposed new regulations.]

RACING REPORT

By John New, Racing Chair

The racing program is humming along splendidly. The 4th Island Days race was on Valentine's Day (a holiday concocted by Hallmark, I believe, to sell more greeting cards). It looked like a drifter at the start so David Hand gave us a postpone. I had the Rattos and Danny Newson came out of hibernation for the race.

Once we started, I noticed that most of the A fleet boats started on port tack leaving the pin end to Greg Nelson on Outsider who, despite being in the gas of the bigger boats, won in that division. Wuvulu had a good port tack start and because of the light winds, David gave us one of the new short courses: green day mark, leeward mark, finish. We heard on the radio that Lelo Too was over early; music to our ears.

Lelo Too has been deadly since patching the bigger paint ratings in (right hull; nothing like a bottom job to get back to that PHRF crater! (Heh... Kristen?) It seems there is some discussion between Kristen and Rob about how long it takes for mussels to grow to 2 inches on the bottom of a Cal 20. Kristen says they can't be over a year old because the mussels would need a more nutrient-rich environment than Grand Marina to grow that fast, and then there are the growth rings to consider.

Meanwhile, back in the Estuary... I've been taking Bodrum Sunset up to keep David Ross from rolling me to weather. (If you've ever been rolled by a Catalina 27 to weather it's a sloopooow death.) By the time we got to the moorings along came Lelo Too bringing the wind with her, and the pesky Moore had already rounded and was setting the kite. 27s are tough potato 32s, but no Ultra Light Displacement-planting 1970 sport boats allowed, they can go race with the other "trim and fit" boats.)

Special thanks to PRO David and Devon Hand for the timely postpone and Rear Commodore Joel Sailer for setting and retrieving the marks. I think Mantooth kept the score sheet and printed the results and I think we had Mark Sailer and Joan Weatherell on race deck, and she agreed to skipper Wuvulu.

We decided on non-spin since it was pretty reachy anyway. We were a little late getting the boat to the start, rigging underway. By the time we got to the start line the spin boats were darning along the line. I set the timer a tad late, I thought and we set up for a timed run with 90 seconds to go. We were a little early, so did a spin below the Ratto Ranger and eased up to the line...

The timer started 0:00 but where's the gun? Wuvulu minutes (well, they FELT like minutes) went by... still no gun? Was Longmuir early? Finally the gun... no call from the race deck so we must be good... [Editor's Note: I was on the race deck and we watched as Wuvulu approached the mark. I'd say they were a second short of going over early, at the most.]

Off to the first mark... Hmmm, what was that course again? Having to do all the pulling of strings and stuff before the start I hadn't checked the courses. I had to make things worse we were in first place although Dawn and David on Starshine were coming up fast. We figured we probably had the usual Zazu's weather mark—leeward mark—Finish.

We rounded Zazu's a little ahead of Starshine and headed for the Park Street Bridge. We were flying with a good breeze, zipping thru the Encinal millimeter fleet. That's when we realized that Dawn was rounding the day mark and heading back up... darn, by the time we changed course, rounded the day mark and headed back up there the Ratto's Ranger, Mullis Magic and the Kristen's Kapil Cal 20 were already at the day mark. We still managed to eek out a Second Place, which we decided was just fine.

Champagne for the winners and commendatory mugs for all the skippers and boats! Thanks to PRO David Hand, Rear Joel, Fearless leader David Ross and Fearless Leader-in-training, Dave Bloch for running the race deck.

Sadie Race and Chowder Challenge Results:

The spin fleet was won by that pesky Moore 24, Crazy Eights skippered by Vivienne Fagrell. Lucie Mewes was driving Mirage and the Bethany Smith skippered their Nonesuch Nanaimo conrecting out on the Express 37; Good Show! There was some talk that some of the Shrimp for the first place IYC chowder came from the Estuary but the Ben Mewes denied it. Kristen's (Trevor's?) coin chowder was a Second Place favorite again this year.

Next up, the Double Handed Light Ship race on March 13, starting and finishing at the Home of the America's Cup, Golden Gate Yacht Club! And the last of the Island Days Series follows the next day.

Last but not least, Island Yacht Club is the proud keeper of the Single Handed Sailing Society's Three Bridge Fiasco Single Handed Trophy won by George Lythcott. Congratulations!

EMBROIDERY SOON!

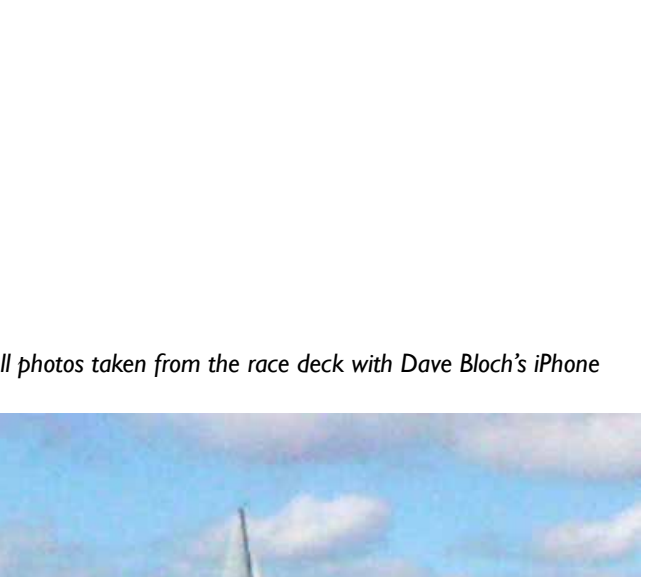
Embroidery Factory Online
Watch IYC.ORG for information on how you can order custom-embroidered IYC clothes directly from the Website! Show our great-looking burgee proudly and support the Club at the same time.



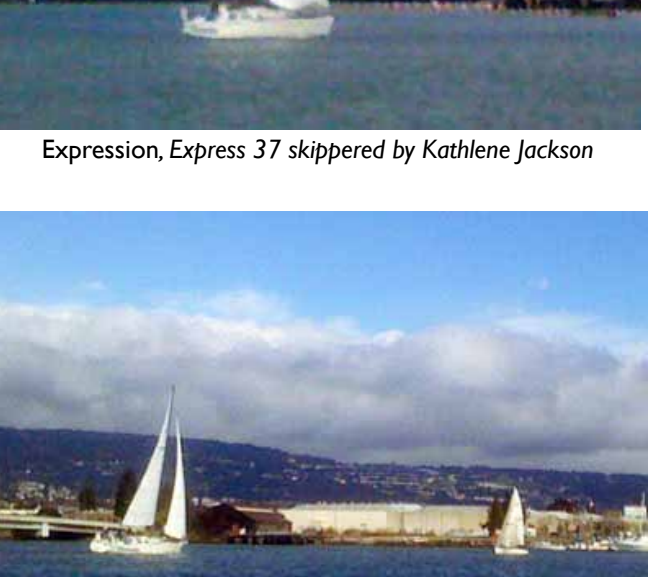
Expression, Express 37 skippered by Kathlene Jackson



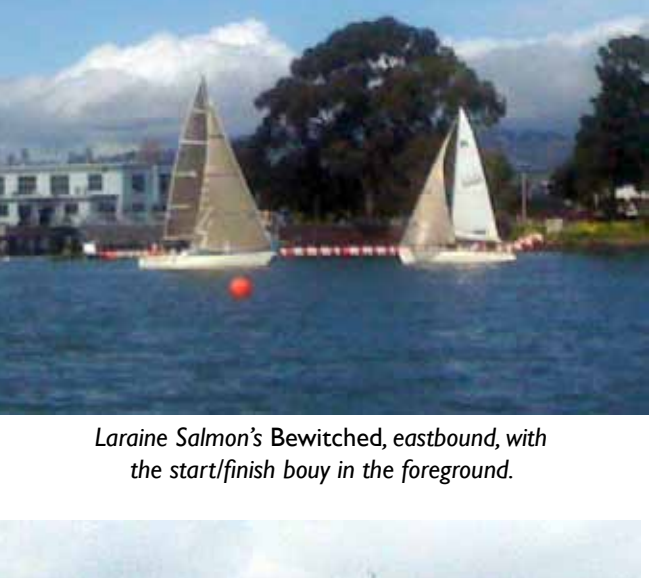
Expression and I, who has just rounded the east mark



Laraine Salmon's Bewitched, eastbound, with the star/finish buoy in the foreground.



There is no mistaking the huge sail of Nonesuch 30 Nanaimo, skippered by Bethany Smith.



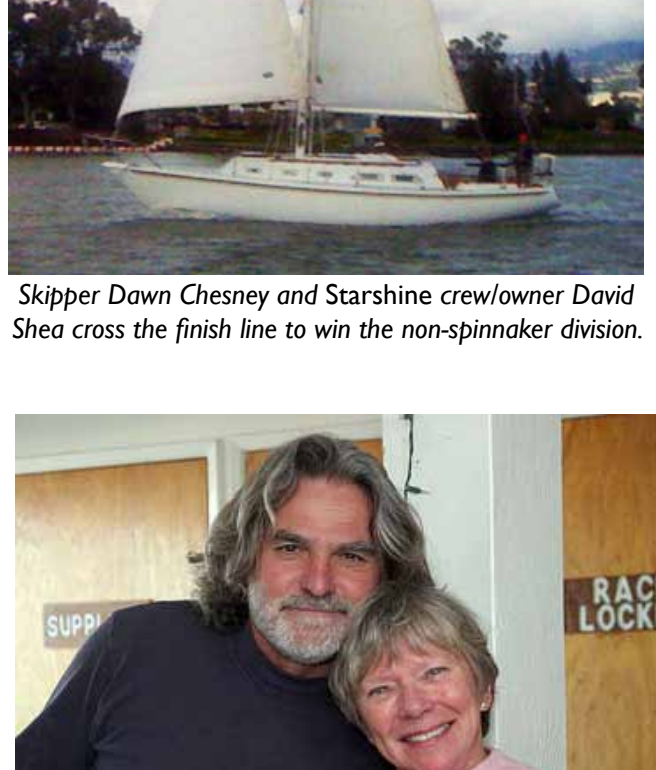
A proud and happy George Lythcott holding the trophy of the SSS Three Bridge Fiasco race in the trophy.

PHOTO SECTION

Sadie Hawkins Race



A sunny but windy day on the IYC Race Deck with David Ross, David Hand, Joel Sailer and Dave Bloch, holding the iPhone.



Skipper Dawn Chesney and Starshine crew/owner David Shea cross the finish line to win the non-spinnaker division.



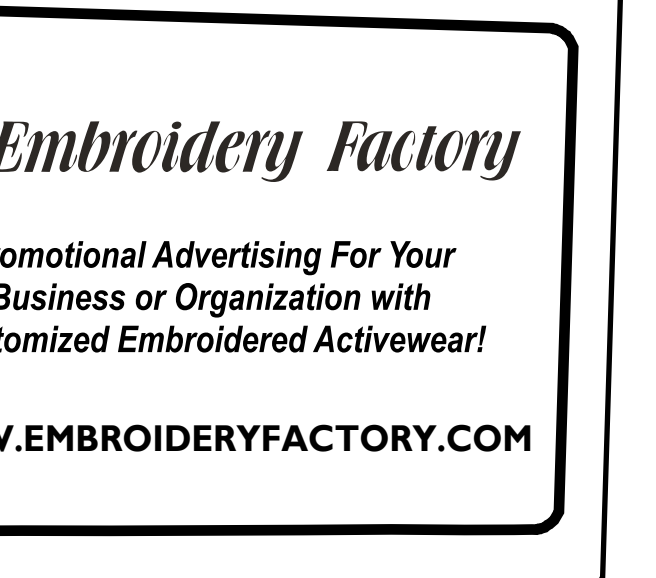
First Place Spinnaker to Vivienne Fagrell on Crazy Eights



John awards 2nd Place Spinnaker to Laraine Salmon



Betty Sleeth and her crew John New earned 2nd Place Non-Spinnaker on Wuvulu



First Place Non-Spinnaker to Dawn Chesney and crew David Shea

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