

ISLAND YACHT CLUB'S MAINSHEET

September 2002 Alameda Marina Volume 31 Issue Nine

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DON'T FORGET !

Sep 20th—Friday Night Races 1825 hrs
—Summer Series—Continues!

Sep 28th—General Meeting 1800 hrs
and Dinner 1900 hrs

Oct. 6th—Final Friday Night Race 1825 hrs

Oct. 5-6—Cruise-In to Sausalito



The View From Here

By Dan Laramie, Commodore

August and Early Sept were busy at the ol' IYC. Friday night racing, annual Pig Roast and a particularly well-attended monthly meeting kept us all busy. I want to take this opportunity to thank Rich Ahlf for his expertise and his unstintingly giving a big chunk of time and effort in preparing the Pig for the Pig Roast. David Hand and Glen Krawiec assisted him in this effort. Jane Laramie and Devon Hand along with a great deal of much-appreciated volunteer help made things happen on the galley side for the Pig Roast. Thanks to all for a good evening.

It looks like the time of year for cruisers to head south and we have several club members who plan to make their break for Mexico shortly. Frank and
> Break for the Border, page 3

Tall Ships and Wind Gods

By Joanne McFee

The Tall Ships flew into SF Bay on August 28. The weather report called for temperatures in the 70s and winds 15-20 kts. As we came through the Caldecott, our first clue was the fog hanging over the Bay and Berkeley.

Brave mariners all, off we went to the Bay, joined by many other brave souls. It was bouncy!! On we bounced, watching San Francisco's Fireboat, the *Hawaiian Chieftain*, *Europa*, *Niña*, *Lynx*, and others. Uh oh, 37 knots of wind! Second reef, in with the jib, out with the staysail. Ahh – better. Then, the highlight of the day, directly in front of us, *Europa* jibed gracefully through 30+knots of wind. It was an elegant sight.

The Wind Gods live in San Francisco Bay, and they were dictating play. Perhaps that increasingly mischievous Ptery crossed again into our time to visit the Wind Gods? The parade was in disarray, but the Tall Ships were showing us what they were made for. What a ride!

—Joanne McFee, with thanks to Bob and Judy Baker of *Serendipity*.

Participation at Pig Roast

By Janet Frankel, Editor

Wow, so much action, I must lie down for a minute. But not before I share a moment with you, Dear Reader, certainly not! And probably it would be wise to delay the napping until I leave the office

Yerba Buena / SF Bay Report: After a rough start, complete with fog and wind, the Bay below my window is now breathing peacefully in the sunlight. What was that? Did a large chunk of Yerba Buena Island just fall into the Bay? Or, are my eyes playing tricks on me, seeking diversion from the many tasks at hand? Hmmmm. Scientific evidence obtained via binocular inspection shows no change, but fails to soothe my suspicious heart. (My secretary no doubt wonders what I do in here.)

Last month our Pig Roast was enjoyed thoroughly by all (all but one roasted, porcine, "traif" exception, that is). Rich Ahlf and Glen Krawiec were there at the club in the wee hours, wrestling A.N. (I can't bring myself to print the name they gave the Pig) onto the spit and over the charcoal. Thoughtful Commodore Dan made sure none would go hungry by buying extra cuts of pork shoulder, with the result that Peter Linehan is stepping into the Galley to prepare Cuban Style Roast Pork for our next General Meeting. Don't miss it!

This was our first Pig Feed to include a variety of home-made items. Most of the side dishes (except the Pig, course) were prepared by members at home and brought to the Club. Ellen Atteberry made a variety of mouth-watering appetizers. The hungry crowd that gathered downstairs to watch the Silver Eagle Awards Ceremony gobbled these up with great satisfaction. Devon Hand made three cheesecakes (yummy!) and brought some Otis Spunkmeyer Superfudge cakes. Someone at the Pig Roast shouted out, "Who made the Chocolate Cheesecake?!" Chef Devon, gratified, said, "I can't think of higher accolades! It just doesn't get any better than that!" Janie Laramie made a delicious traditional buttermilk cake, and I noticed that her husband (and our Commodore) was quite pleased. We had brownies á la Yours Truly, and Joanne McFee made a yummy chocolate pecan flourless cake dessert, which never even made it out of the galley (sorry folks) – we in the galley enjoyed it by spoonfuls with shots of whipped cream. See, there are distinct benefits to volunteering in the galley! Devon's friend Joanne brought a cold asparagus salad made at home and contributed her cheerful volunteer spirit to the entire evening. Peter brought the most delicious watermelon ever. Baked beans were prepared at home by Janie, Pam Krawiec, Devon, Diane Duey – theme and variations on a recipe provided by Jane Laramie.

Labor Day weekend included a cruise-out by determined IYCers to Half Moon Bay. See articles by Malcolm and David for descriptions of the "luff-ly" sail. Myself, aboard *Jabberwock* with David and Devon Hand and their won-

> *A Soothing Diesel Thump, page 3*

John Logan Bags the Bean

By Jane Laramie, Secretary

If you have been attending the monthly general meetings and dinners you know that we have been having raffles to make some money for the club, to have some fun and win some nice prizes and a chance to win some money. The game is called The Blue Bean. We start with 50 white beans and one Blue Bean in a bag. We sell chances, \$1.00 each or 6 for \$5.00. At the August meeting we had 30 white beans left, and of course the one Blue Bean. We had 3 lovely gifts, one of which was an evening cruise on the Hawaiian Chieftain. By the time we were ready to play we had \$270.00 in the bag waiting for a lucky winner. A ticket was drawn and the number called off and John Logan was the holder of that number. John has faithfully every month bought at least \$10.00 worth of tickets. His choice was to draw for the Blue Bean. He put his hand into that bag and pulled out the Blue Bean!!! Needless to say, everyone was very happy for John (well maybe not everyone, a lot of hopes were dashed). John also had another winning number and he picked the cruise!! So, when Joyce gets back he and Joyce will have a wonderful evening on the Bay on a beautiful boat!!

I want to thank everyone who participated in our raffle each month, and hope that if you did participate you enjoyed it, and hopefully won something.

—Jane

Welcome New Members!

By Pam Krawiec, Membership Chair

William and Luellen Reese, are the owners of a C&C48 named *Last Resolution*, currently docked at Grand Marina. Bill is a video producer, and the couple are headed south October 12th. When they arrive in San Diego they will let us know their permanent address. For now, their address is P.O. Box 359, Alameda, CA 94501. (h) 510-748-0612, (w) 408-921-2985, email reese227@attbi.com. Welcome, Bill and Luellen, to Island Yacht Club!

John Huetter, owner of a Prout 37 named *Quo Vadis*. John's a technical consultant, now cruising the Chesapeake and then to the Caribbean. He joined at our general meeting in March, was introduced to a round of applause, and promptly left on his great trip. John made it to Annapolis and then to Solomon's Island. His email address is: jjhuetter@aol.com.

Ed and Wendy Isenhardt joined after a Friday night race. They are retired film and video producers, and are setting off in September on their 45 ft sailboat *Integrity*, out the Gate, turning left. Address: 1916 Pike Place, Suite 12 #45, Seattle, WA 98101. Cell: 253-686-3990, e-mail integrityis@yahoo.com or integrityis@isenhardt.com. See Ed and Wendy's article on later pages!

Joel Tuttle has plenty of sailing experience. He raced in

> *New Member News, page 6*

CRUZ NEWS

Next Cruise—Sausalito Oct 5-6!

By Malcolm Sowers, Cruising Chair

NEXT CRUISE: SAUSALITO—A fun place for cruisers. Please contact Malcolm Sowers if you can come, by boat or blacktop!

LABOR DAY WEEKEND Cruise-in to Half Moon Bay Yacht Club was a success. Slips were readily available. David Hand's *Jabberwock*, Ben Mewes' *Georgia*, Sowers' *Sinaloa* and my cousin Dick Sayre's *Diva* congregated on "C" Dock. Max Richardson's *Cutty Sark*, arriving late, was all by its lonesome on "H" dock. Sunday was spent in leisurely 'walkabouts', barbecuing and watching the ball game on HMBYC's big screen TV. Dan and Jane Laramie braved heavy traffic on Highway 92 Sunday by motorcycle.

As often happens, the actual weather contradicted the usual "Sunny after Morning Fog" which – to avoid tedium – alternates with: "Morning Fog clearing in Afternoon". Mother Nature, it seems, does not want to be treated so cavalierly. Saturday she presented us with **low fog**, light and variable wind from **South** that headed us as we luffed our way along under power. No sight of land from the S.F. Bar till Pt. Montara. GPS ruled the day. Janet Frankel on *Jabberwock* was provided with a long handled broom to ward off "Pterry" in case he "came whiffing through the tule fog, (and burbling as he came)" to attack the rigging. Tony arrived later, by car, taking the victorious Joan de Ark homeward.

Monday we were presented with warm sunny weather and good visibility. However, gentle variable **Northwest** winds headed us, with swells of one foot and wind wavelets of one inch. Again we luffed our way along the coast under power till the usual Westerly picked up inside the Gate. No problems with crossing the Bar against a gentle outgoing tide. You could have *paddled a canoe* across the dreaded Potato Patch on the northern side of the channel on either day if you had had a mind to. So much for the upper atmosphere's troughs and ridges that influence SF's alternating sun and fog cycles....

Ye Olde Cruise Chairman finally has figured out why so few of the 23 members who reportedly expressed "a strong interest in cruising" have come on our cruises. You must have meant **CRUISIN'** as in round the world stuff, not **CRUISE-IN** as in weekend get-togethers at nearby Yacht Clubs. IYC is justifiably proud of you, and offers discounted dues while you are visiting far off places. How about a shakedown cruise to Drakes Bay or Bodega, or exploring the Delta with us? Tell us what you'd like. We'd like to know you better so we can vicariously put ourselves in your sea boots when you send letters and Emails (please) from exotic places & share pictures and stories on your return.

Malcolm Sowers
Cruise Chairman

A Soothing Diesel Thump ...

continued from page 2

derful friends Tom & Elfie, I took advantage of the mild weather and napped luxuriously next to the thump thump thump of the diesel heartbeat below. Once in HMB, after quite a bit of radio action and dock swapping, we managed to gather most of the IYC group onto C-dock. For those of you following the story of the Hands' dinghy, its missing boards were replaced and it followed *Jabberwock* faithfully, at a respectful distance, from its berth in Alameda to its guest berth in HMB. I think it enjoyed the ride.

Later that weekend, Tony and I went to Big Sur for his cousin's birthday party and avoided melting in the 91-degree heat by splashing around at Molera State Beach. The only thing better than going to the beach is going to beach in a 91-degree heat wave!

September's Prayer: May you all enjoy a cool drink under an umbrella's shade on a hot beach. Amen.

Janet

Break for the Border

continued from page 1

Ellen Atteberry and John and Joyce Logan are heading south this month or early next. Take the opportunity to come to the next general meeting Sept 28th to wish them well.

The Woman's Sailing Seminar is coming up next month and will provide ample opportunity for IYC famous spirit of volunteerism to make itself felt. I'm sure your efforts will be appreciated and people are needed with any number of skills. Call this year's WSS Chair, Sally Richards, 510-444-4321 if you are able to assist.

On a less happy note I have to report that our Club facility was burgled sometime around the long Labor Day weekend. The thieves got away with an estimated \$250.00 and cleaned out the honor bar of beer and soft drinks. The cabinet door under the coffee machine was also broken in half. The theft was discovered on 6 Sept when Joanne McFee and David Hand arrived to get things ready for the Friday night races. The Alameda PD was notified and an investigation is ongoing. As a result of this your Board of Directors will be considering rekeying the doors. It has been several years since this has been done and a large number of keys are floating around out there.

There is still time to have a little more racing fun at IYC Friday Nights. We still have Sept 20 and Oct 6 races so come on down and join the fun on the water and the barbecue at the club afterwards.

See you on the water,
Dan Laramie, Commodore

Nacing Rews

By Joanne McFee, Racing Reporter

The summer racing season is winding down, only to segue into the winter season. How fortunate we are to be able to sail year round. Brisk summer winds mellow, and yes, the Bay warms up. Indeed, I've sailed the Bay in shorts in February, but never in June.

IYC sailors have been racing well. In my electronically challenged way, I probably miss many, but Latitude and yacht club websites can fill you in on results. I'll concentrate on a few personal observations.

On August 17, EYC hosted its double-handed Gracie & George regatta (woman skipper, male crew). Boat bites from years past tell me this is NOT an easy race. Latitude reported 21 of 23 entrants as EYC members. If so, the other 2 were IYC members – Scott Tipper with Laurie Miller and Ben Mewes with Lucie vanBreen. Scott said it was “blowy” and smaller boats were easily overpowered. Ben called it a “big boat day.” Lucie and Ben on *Mirage* were second in their division behind former IYC member Mike Mannix and skipper Linda Farabee.

On August 24, SSS held a race to Half Moon Bay. Ben Mewes must really have wanted to come to the Pig Roast, because he and *Georgia* sailed to HMB and back in 12 hours. He was eating pig at the club at 10:15pm.

I dreamt I gave a race and no-one came: Also on August 24, Heidi Schmidt took *Dominatrix* to a cityfront one-design race. But wait ... there was a problem ... no race committee! Eventually everyone just picked up their toys and went home.

In other ODCA news, Dawn Chesney crewed on the Catalina 30 *Starkite*, owned and skippered by Laurie Miller. After a series of thirteen races, they finished first in their division! Laurie is the only female boat owner AND the only female skipper in the division. Way to go, Laurie! After years of wins by our distinguished and dear departed member John Jacobs, it's nice to continue the tradition of success in the Catalina 30 fleet.

The Jazz Cup, a lovely, mellow race to Benicia, was held over the Labor Day weekend. This year it may have been a little too mellow. Scott Tipper's *Great White*, with crew Laurie Miller and Jack Matievich, rolled into Benicia about 7pm. Rx for this race: Lots of water, hats, grapes and sunscreen! Scott is also in the running for an award in EYC's Friday Night series.

Seven IYC boats are in the Interclub Series. Several will be up for awards: *Wuvulu*, *Dulcinea*, and *Lone Ranger* come to mind. This is a great series, a transition between midwinters and out and out YRA stuff.

We must thank the J-105 fleet for their participation in this year's Silver Eagle. Twenty-three J-105s came to

> *Free Drinks Unclaimed?*, page 5

PICYA in Pittsburg

By Ted Crum, Liaison Committee Chair

Members with a sharp eye and a shortage of reading material may have noticed that I made no report in August. This does not mean that I failed to go to yet another Delta meeting, but that vacation plans left me unable to make my deadline. No great loss - the PICYA has a seasonal slowdown about that time anyway, and many of the August items returned this month. It was a pleasant surprise to meet George Kavorkian (Kavor Kian?) and Molly Blair there at the Pittsburg YC, which is one tack away from their waterfront home. Safety Chair Randy Trudeau distributed waterproof signs describing the stand-off areas around Navy ships, one of which IYC Port Captain Bill King has posted at the Club.

The September PICYA Delegates Meeting was held at the Stockton Yacht Club, a large and comfortable venue straddling the levee on a tranquil and tree-lined inlet. Lou Haberman and I were seated with Art Eggers and his wife, of the refloated TI Yacht Club. Linda Newland at the head table. I learned several good jokes. The food was catered.

Dedrick Denison (who would have us wear Marine Red trousers) reports on the troubles at the bar of the Village West YC: Two non-members, not registered as guests and actually Alcoholic Beverage Control (ABC) officers, were illegally served at the bar. A settlement with ABC has just been reached allowing that a 10-day suspension of their liquor license will be waived if no further infraction occurs within a year. He urges that clubs make sure that people working at the bar and at the door be fully versed in ABC rules, and strongly recommends attendance at the upcoming PICYA Club Management Seminar. (See PICYA Log and below)

Orders for the 2003 PICYA Yachting Yearbook (of which we were given a history) must be placed, prepaid, by December 1. Clubs providing fleet information by November 1 and officer pictures by December 20 will receive 5 Club of the Year (COTY) points for each deadline met. John Chalfant notes that the Yearbook is now carried aboard all local Coastguard vessels as a spotter's guide. So it's especially important that it be right. So if you have found errors in your information in the last Yearbook or in the new IYC roster (thanks, Janet), if you have changed boats or boat names, or if we are missing your boat type or sail number, please contact Janet Frankel or me. The PICYA publications committee is also looking for a cover photo for the Yearbook. I know of several good photographers at IYC, so send your entries to Publications Chair William Needham. Yearbook delivery is promised by March 31.

Administrative Secretary John Chalfant has helped prepare a color pamphlet guide to the Delta for the Delta Visitor's Bureau, and he has plenty to go around. Lots of good boating information, and only a picture of "dull boy"

> *PICYA's Color Delta Guide*, page 5

Coming to Grips with Vice

By Dave Hand, Vice Commodore

On the 31st of last month *Jabberwock* with Janet and two friends, Tom and Elfie from the "Bay Area Crew Group," another Bay Area sailing organization, left our berth at the marina and set off for Half Moon Bay. We left with *Georgia* who soon left us way behind and so we were forced to get out our own chart. I explained to everyone that we sail on the "white bits," anchor on the "blue bits," and get drunk on the "green bits," and off we went. There was no wind at all on the way down but with pleasant company the trip did not last long and we were soon sharing a berth with *Sinaloa*, and *Georgia* was close by. Janet's Tony soon joined us by road, and somehow we managed to fit in eight for dinner, including Rich and Frank from *Plebian*, another "Crew Group" boat. The following night we dined on barbecued fresh caught albacore, and on Monday we again motored home.

Did anybody go out on the 28th to see the "tall ships"? We had spent the night at Berkeley Y.C. and when we left the marina it was blowing 30 kts on the nose. When we got to cityfront the wind was not quite so strong but there were wall to wall spectator boats, however we were a bit disappointed by the number of "tall ships" I saw only two true Tall Ships; the rest were old gaff rigged schooners.

Don't forget the next general meeting on the 28th of September, Peter is in the kitchen and I believe it's Cuban at about \$10-\$12. Hopefully the new club shirts will be here, and I am awaiting a call back from the Marine Weather Service who I hope will provide a speaker for the event.

Free Drinks Unclaimed?

continued from page 4

play. We just hope they continue to enjoy our special race! Also, the new short course (the Eaglet) should enliven the race for years to come.

Malaprops: No one claimed their free drink from last month. I might have to give it to Janet. ESPN rules! Someone over there was exuberating enthusiasm. What did he mean? Another free drink looms.

Janet was amazed one night to see a deer in my front yard (why I don't have a garden!). She would have been more amazed one afternoon to see a doe on my back deck, almost motionless, for about half an hour. Then, she just disappeared.

'Til next time, sail fast, steer small.

Joanne McFee

CALL FOR VOLUNTEERS FOR WOMEN'S SAILING SEMINAR !!

Contact Sally Richards at 510-444-4321 if you can help with the Women's Sailing Seminar. There is the set up on Friday evening, October 11, the event itself on Saturday, and Sunday we'll fold it all up for next year. Sunday we need a few folks for race committee as well.

Sally Richards, WSS Chair, 510-444-4321.

PICYA's Color Delta Guide

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Jack Nicholson could make it any more glamorous.

Russ Robinson <russ1011@ix.netcom.com> is looking for entries for the Wilder trophy, awarded to the best club newsletter. He wants 3 copies of 3 issues, so Janet, email him the PDF's 3 times each, on colored paper. Include a cover letter: goals, staff (volunteer?), frequency, average pages and circulation, budget. Print quality counts. Oh, and you have until September 15.

The fall PICYA Management Conference will be Saturday, November 2 at the Vallejo YC, starting at 0800. This year the format will be to have mandatory sessions on the Coast Guard and on Alcoholic Beverage Control (see above), and then 6 electives. \$15 (includes lunch and coffee) to Vern Bendsen, PO Box 984, Suisun, CA 94585 before October 28. 2003 COTY points for attending. This is highly recommended.

IYC is doing well (56 Out of 200 may get us a star) with Club of the Year points, with our winning Opening Day entry, 3 entries and 2 winners in the Little Lipton, and our dogged attendance at these distant meetings. We can get 5 points by sending clippings of 5 Mainsheets containing articles of PICYA/RBOC content to COTY Chair Robert DuBois, 707-726-1983. To get points for RBOC support, our \$200 contribution must be made by 10/31.

I made my first PICYA report, an announcement of the IYC Northern California Women's Sailing Seminar: "Seize the Tiller."

The most important legislative news is that AB 2362 was signed. This allows trained state officers to board a vessel suspected of an illegal discharge for the purpose of inspecting the MSD and to put a dye tablet in it. Through the efforts of RBOC, the state restrictions on overnight usage and presumed seaworthiness were dropped.

Best salty read: *Cod - A Biography of the Fish that changed the World*, Mark Kurlanky.

Ted Crum, Liaison Committee Chair

New Member News

(Continued from page 2)

the Coastal Cup Race, and has sailed in the Seychelles (in the Indian Ocean). Joel's background is in aviation; he's worked for 20+ years flying and doing maintenance across Africa and China for a number of NGO groups, including the UN. He teaches aviation maintenance courses around the world and is an FAA examiner for people seeking engineering certificates. Joel currently works KaiserAir as Director of Maintenance. Kaiser flies Gulfstream, Hawker and Citation Jets around the world for their customers; Joel's job is to make sure they are in a "ready to fly" state. Address is P. O. Box 14761 Oakland, CA 94614, e-mail: joelintuttle@hotmail.com, (h) 510-748-9841, (w) 510-553-8462.

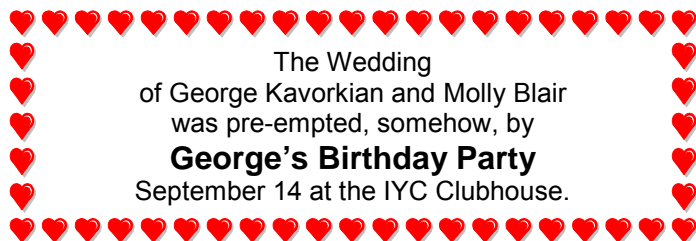
Joel loves to relax on his Jeanneau 36.2, *Ma Ha Kai*, docked at Ballena Bay Isle, and enjoys sharing that experience with others who like to sail but don't own their own boat. He also works with the Coast Guard in their Search and Rescue activities. *Ma Ha Kai* is in the process of being "facilitized" by the Coast Guard for use in these endeavors. Welcome, Joel, to IYC!

Dave Tamblyn is a native of the San Francisco Bay Area. He spent a few years in Seattle and in Laguna Beach, California, but has returned! Now he lives aboard his 42' power cruiser in Alameda. He has a 20-year-old son, and current works in the retail management. Ask him where! Address: 1150 Ballena Bl. #88, Alameda, CA 94501. (h) 510-769-1321, (c) 510-703-2824, email Librah2o@aol.com

In the past, Dave taught scuba diving and sailing. He owns a Cal 20, *Plan B*, berthed over at Fortman, and is talking about fixing it up for racing and cruising. In addition to boating, Dave enjoys mountain biking, music, and outdoor sports in general. Dave has a Timneh African Grey parrot named Loki (the Norse god of Mischief!) Welcome, Dave, to IYC!

Jeff Varner and Judy Field: Jeff started sailing when he was a teenager and has owned a Ranger 28 for over 18 years. He grew up in Pacifica, which is probably why he is an avid beach walker. He is also an astronomer and a former surfer. Now, he puts his training as a mathematician to good use as a systems engineer for Applied Technologies. His grown son, Joshua, is currently in Navy flight training school. They have a Ranger 28, *Full Circle*, berthed at Marina Village. Their address: 217 Beachview, Pacifica, CA 94044, (h) 650-359-0135 e-mail: judithgfield@aol.com, or varner@ETEC.com.

Judy grew up in Nilas, CA, and lived in San Francisco after college. She currently works as a librarian, after many years of service as a teacher with Oakland Unified Schools. She was once a newspaper feature writer and now considers herself a perpetual student of fiction writing. Before marrying Jeff, Judy vacationed around world with her Lonely Planet Guidebook. Welcome to IYC!



The Wedding
of George Kavorkian and Molly Blair
was pre-empted, somehow, by
George's Birthday Party
September 14 at the IYC Clubhouse.

Why Sign up for the WSS?

By Joanne McFee

How I learned to sail, or why you should go to the Northern California Women's Sailing Seminar.

I had a family, critters, hobbies, a (gasp) jet boat. My son went off to college, and things began to change.

We had friends in Seattle who had a Ranger 29. His wife didn't sail, so the three of us left Lake Union for Puget Sound for a four-day cruise. My first experience of driving a sailboat was being handed the tiller, told to look up and keep that little paddle between the two squares. Oh yes, we were sailing wing on wing. Later, in our cruise, a spinnaker sheet found its way around my ankle. Fortunately there usually isn't a lot of wind in the Sound. On the way home, we had to go to weather. Sailboats tip! My first toe prints in the fiberglass. But we all had a wonderful time.

Later, we went out on a friend's Erickson 26. It was supposed to be a benign trip, but, it being the San Francisco Bay, things changed. It rained sideways, blew hard, and became pretty scary! On the way up the Estuary, someone got smart and put me on the helm. After many toeprints in the fiberglass, I discovered something fun.

Eventually be bought a Gulfstart 37 and began living aboard. The toeprints became less frequent, but I couldn't say that sp----- word. Inevitably, racing started. On my first Friday night race, we were asked to pick up the marks as we went past. Not too competitive? Amazingly, many years later, we still sail together.

My one and only became my ex. I kept sailing and racing. A fine lady became my mentor. I learned how to trim a main and a jib. I could say that sp----- word and I learned how to helm.

As a skipper, I began winning races and learning how to put a crew together. Many lasting friendships were formed. I also learned how to run races and be a PRO. I have lots of sailing stories and learned a lot by osmosis. But there are things I can't do and now probably won't.

My point? If there had been a WSS around when I started sailing I would have learned a lot more a lot faster with fewer tears, less yelling and many fewer fiberglass toeprints.

Save your toes, sign up today!

PICYA SECURITY UPDATE

ONE YEAR LATER

Even though the tragic events of Sept. 11, 2001 are a year behind us, we must still be ever mindful of increased security while afloat. In some cases, security is at its highest level ever.

- 1) **NAVAL VESSEL PROTECTION ZONE:** After 9/11/01, U.S. Coast Guard Pacific Area established Naval Vessel Protection Zones which provide for the regulation of vessel traffic in the vicinity of U.S. naval vessels. **THE NAVAL PROTECTION ZONE IS STILL IN EFFECT!**
 - Do not approach within 100 yards of any U.S. naval vessel.
 - You must operate at minimum speed within 500 yards of any U.S. naval vessel.
 - Violations are a felony offense, punishable by up to 6 years in prison and/or up to \$250,000 in fines.
- 2) **COMMERCIAL TRAFFIC:** Be sure you stay well clear of any large vessel whose movement is restricted by its size. Keep at least 500 yards (1/4 mile) from any commercial vessel. This is extremely important in crossing situations.
- 3) **KEEP WELL CLEAR OF SENSITIVE AREAS.** These include, but are not restricted to under and around bridges, entrances to tunnels, airports, power plants, water intakes, oil facilities, chemical facilities, fuel docks, and military bases. If you have any doubts about a particular spot being regarded as sensitive, assume that it is.
- 4) **KEEP A LOOKOUT FOR UNUSUAL ACTIVITY.** Be extra vigilant in the vicinity of sensitive areas, listed above. Examples of unusual activity include:
 - Fishing/hunting in locations typically not used for fishing or hunting
 - Any aggressive activities
 - Unusual filming or diving activities, particularly close to a sensitive area
- 5) **REPORT UNUSUAL ACTIVITY.** If you see any suspicious activity, notify the appropriate authorities.
 - Suspicious activity on or near the water, contact the Coast Guard – (415) 399-3451
 - Suspected terrorism plots or activities, contact the FBI – (415) 553-7400
 - Suspected smuggling operations, contact US Customs – (800) 232-5378
 - Suspected illegal immigration, contact Dept of Immigrations – (415) 844-5347
 - For all emergencies, call 911
- 6) **FLY YOUR CLUB BURGEE.** This will help identify you and may reduce your exposure to being boarded.

Southbound on a Fastnet Sloop

By Wendy and Ed Isenhardt

Integrity is a Fastnet sloop/cutter built by LeComte in Holland in 1973, the last of 32 Fastnet racer/cruisers built to Lloyd's A-1 standards in the LeComte yard and imported to the U. S. The hull is fiberglass with an Airex core deck. She is strong, fast and beautiful. We felt very safe in gale force winds off the west coast of Vancouver Island on two circumnavigations of the island, (making a television documentary of our adventure, Land of Mist, Around Vancouver's Island) and coming down the coast from Seattle to San Francisco last winter.

Our plans are to leave San Francisco Bay September 8th and coastal cruise to San Diego, arriving mid-October to get the necessary papers and permits to enter and stay in Mexico for an extended period of time. Friends are arriving there November 1st to help us take the boat to La Paz. We play our Spanish tapes every morning, trying to become at least a little conversant in the language beforehand.

We completed a \$10,000 refit at Svensen's this winter, finishing our cutter stay installation, installing 780 hr batteries with new boxes and tie downs, re-rigging the boat and doing the fix-it, clean-it and replace-it familiar to all sailors preparing for extended cruising.

We also bought new sails from the used inventories at Hogin's Sails (a brand new main, recut for our boat) and Pineapple Sails (a 100% jib, used twice, recut for us) for about a third of the cost of having them made.

We have been keeping a journal of our adventures so far at www.isenhardt.com. Click on "Ed and Wendy" to find the stories. I hope to continue these journals as we sail on from San Francisco.

John & Joyce Logan (*Dragonfly*), and Frank and Ellen Atteberry (*Hot Ice*) befriended us while we were in the Svens' yard and brought us as guests to several Island Yacht Club events where we always enjoyed ourselves with many unaffected, serious sailors who obviously know how to have a good time.

We are pleased to be accepted as members.

—Ed and Wendy Isenhardt

Notice from the Editor

By Janet Frankel

Due to the number of new members and the important PICYA security alert, I am unable to fit the updates I have already received from new cruising member John Huetter into this Mainsheet! I promise to put them in the October Mainsheet. Impatient members may receive them by request by emailing me at Frankie7@pacbell.net.

—Janet



Board **M**eeting at IYC Clubhouse
September 18, at 1830 hours.

Upcoming Dates to Remember



- Sep 20 Friday Night Races (#4 Summer Series)
Flat-water Estuary Sailing and BBQ**

- Sep 28 General Meeting and DINNER ~ Cuban Style!**

- Oct 4 Friday Night Races and BBQ (#5 Summer Series)
The Last Friday Night Race of the 2002 Series!**

- Oct 5-6 Cruise-in to Sausalito**