



island yacht club *presents*

The 17<sup>th</sup> Annual Northern California  
Women's Sailing Seminar<sup>®</sup>  
October 10 & 11, 2009

## Registration Form

Name: \_\_\_\_\_ My sailing experience: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Cruising:

Tel: \_\_\_\_\_ Racing:

Email: \_\_\_\_\_ Other:

### Course Selection

Indicate the sessions you would like to attend based on the session descriptions from the previous page.

**BEGINNER'S REGISTRATION:** If you would like to register for the BEGINNER TRACK, just check here – no need to fill in the Saturday Sessions below. (But don't forget to choose your Sunday choices! And please indicate if you are a vegetarian.)

Saturday Sessions	First Choice	Second Choice
9:15 am – 10:45 am		
11:00 am – 12:30 pm		
1:45 pm – 3:15 pm		
3:30 pm – 5:00 pm		

Please Note:

- See SATURDAY and SUNDAY courses described on the information page.
- You may chose up to 4 classroom sessions, or two classroom sessions and one On-The-Water session.
- All On-The-Water sessions are double sessions.
- If there are not enough entries for a session, the workshop will be cancelled.

Sunday Sailing (*select ONE*): Cruising  Racing

Vegetarian?  Yoga Session?  9:00 am  10:00 am

You can print out and scan this application form and email it to: **WSS@iyc.org**, but don't forget to **MAIL YOUR CHECK!**  
Or you can print and mail this form with your check to: **Women's Sailing Seminar, Island Yacht Club**

**1853 Clement Ave., Alameda CA 94501**

Any questions? Email **WSS@iyc.org**, or call the club at 510 521 2980, or check the Island Yacht Club website at: **www.iyc.org/wss.html**



**WAIVER AND RELEASE: In consideration of your accepting my registration form and fee, I agree to the following:**

- 1) I am aware that my participation in the events conducted by IYC and the Women's Sailing Seminar can be physically demanding and involves certain risks and dangers, including potential risk to my person and or property. I acknowledge and assume these risks and wish to participate in these events. I assume full responsibility for my actions. Should injury or loss occur, I agree to indemnify and hold harmless IYC, Women's Sailing Seminar, Boat owners, Facility owners, Skippers and Instructors for any and all liabilities.
- 2) I will comply with all safety procedures and instructions including, but not limited to, equipping my boat with any and all USCG safety equipment and complying with any and all USCG regulations and requiring all persons on board any vessel to wear a personal flotation device at all times while on the water.
- 3) I release Island Yacht Club, the Women's Sailing Seminar, the irrespective members, volunteers, sponsors, agents or committee personnel from any and all liability for any injury to me(or, if applicable, my boat) arising out of my participation in this event and all social events connected therewith, whether such loss is due to property damage, personal injury or loss of life, even if such loss or injury is due to the negligence of any party so released.
- 4) I assume all risk of accident, loss of property and personal injury or loss of life arising out of my participation in this event and use of club facilities, due to failure or breakage of any boat sailed on or any of its equipment and/or weather and sea condition.
- 5) I understand that my name and address will be printed in the program, which will be made available to our sponsors unless I so indicate otherwise in writing to Island Yacht Club.

**On-line submitters: Please bring SIGNED Waiver and Release to Seminar.**

Print Name \_\_\_\_\_ Signature \_\_\_\_\_



2008 Vest and Visor shown in grey with pink logo  
2009 Vest and Visor are Navy blue with pink logo

**Order Women's Sailing Seminar Gear!**

**Fleece Vest with WSS logo!** Full zip, micro fleece vest. Front slash zippered pockets with pull- tabs. Navy blue with black trim and pink WSS Logo. **\$30 (\$38 after September 19)**

**Extra WSS Visor!** You'll receive one **FREE!** With your registration but order an extra one, too! It's lightly brushed for additional comfort and has a 3-panel construction, a Velcro closure and a fashion-curved bill. Navy blue with pink WSS logo. **\$12 (\$20 after September 19)**

**Order before September 19 to receive your WSS gear when you check in on October 10!**

**Did you...**

- Sign the waiver?**
- Indicate your first and second choices for sessions?**
- Indicate your Sunday sailing preference?**
- Include your payment?**
- Order a Vest & Visor?**
- Mail in your check?**

**Registration Fees and WSS Merchandise**

Size \_\_\_ No. of Vests \_\_\_ at \$38 each, SUBTOTAL: \_\_\_\_\_

Size \_\_\_ No. of Visors \_\_\_ at \$20 each, SUBTOTAL: \_\_\_\_\_

\$115 for Saturday Events LINE TOTAL: \_\_\_\_\_

\$65 for Sunday Events LINE TOTAL: \_\_\_\_\_

Special Two Day Package Price of \$155 LINE TOTAL: \_\_\_\_\_

**(Sat, Sun and Two Day prices include \$15 late fee for registering after September 19)**

**TOTAL PAYMENT DUE: \_\_\_\_\_**

**Payment**

Check enclosed (Payable to "Island Yacht Club")

Revised 10/5/09

