



**ISLAND YACHT CLUB
SADIE HAWKINS RACE
February 28, 2009**

SAILING INSTRUCTIONS

1.0 RULES: This Regatta will be governed by the Racing Rules of Sailing 2009-2012 (RRS), the prescriptions of US Sailing Association, SF Bay YRA Standard instructions (SF Bay YRA shall prevail if there is a conflict), and One Design Class Rules, except as amended by these sailing instructions.

1.1 One Design Class Rules: Yacht competing in a one-design division are subject to class rules as established by the local one design fleet. Membership in the local one-design fleet and/or class association shall not be required. Membership to local YRA is also not required.

1.2 Non Competing Yachts: Competitors are advised that non-competing yachts may or may not be governed by the ISAF Racing Rules of Sailing as adopted by the USSA and that the Inland Rules of the Road govern meetings with non-competing yachts.

2.0 ENTRIES: Races are open to monohull displacement sailboats with an overall length of 18 feet or more. Membership in a yacht club is not a requirement to race. Entries must include a signed waiver and will be accepted until 1200 hours on the day of the race.

2.1 Entry Fee: 20.00.

2.2 PHRF Ratings: Each yacht racing in a PHRF division is required to have a current PHRF certificate issued by the Northern California PHRF Committee on file at the YRA of San Francisco Bay office. Yachts which do not meet this requirement will be given a PHRF rating by the Race Committee which in the committee's sole judgment reflects the speed potential of the yacht. There will be no appeal of a rating so assigned except by providing the committee with a copy of the current Northern California PHRF Certificate.

3.0 COURSES AND MARK DESCRIPTIONS: Refer to attached course sheet.

4.0 MANAGEMENT: The Island Yacht Club shall have full power to interpret the rules and conditions governing each race, to decide eligibility and protests, and to reject the entry of any yacht.

4.1 On the Water Communications: The Race Committee will monitor VHF Channel 72 for traffic concerning withdrawals and emergencies in the racing fleet. The Race Committee will either broadcast on VHF Channel 72 or hail from the IYC chase boat any instructions relating to cancellation or abandonment of races.

4.2 Changes to the Sailing Instructions: Changes may be made prior to the warning signal for any race to which the changes apply. Notification of the change must be made to all yachts for the change to be valid. Changes normally will be **emailed** to all entrants by the Monday prior to the race but they also may be made orally over VHF Channel 72. RRS Rule 25 is amended to add: "All yachts should monitor VHF Channel 72" or come within hailing distance when the international code flag L is displayed

by the Race Committee.

5.0 MINIMUM EQUIPMENT: All yachts must comply with the US Coast Guard equipment requirements for recreational vessels. Yachts racing one-design must have the minimum prescribed in the class rules. The Race Committee recommends the use of Personal Flotation Devices.

6.0 RESPONSIBILITY: It is the sole responsibility of the skipper of each yacht to decide whether or not to start or continue any race.

7.0 INTERFERENCE WITH COMMERCIAL TRAFFIC: Yachts must not interfere with commercial vessels. Yachts doing so and thereby endangering their own safety and/or that of the commercial vessel will be subject to protests and/or disqualification.

8.0 SAIL NUMBERS: Sail numbers ARE required on the mainsail. Participants are required to notify the principal race officer of alternate sail numbers prior to the first warning signal.

9.0 START/FINISH LINE: The start/finish line is an imaginary line between an orange signal on the race committee boat and orange buoy 100 yards mid-Estuary north of Island Yacht Club, Alameda Marina (adjacent to Svendsen's Travelift). There may also be a limited buoy near the committee boat, which is not part of the starting line. No boat shall pass between this buoy and the committee boat while racing.

10.0 STARTING TIMES AND SIGNALS: Refer to Entry Form. Races will be started using the following signals. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded. The starting signal for each class/division shall be the warning signal for the next to start.

Signal	Flag	Sound	Min to Start	Course Signal
Warning	Raise Class	1 gun	5	Raise Course
Preparatory	Raise P	1 gun	4	
One Minute to Start	Drop P	1 horn	1	Drop Course
Start	Drop / Raise Class	1 gun	0	Raise Course

10.1 Check In: Yachts are required to check in by sailing by the Race Committee prior to the first warning signal. Yachts failing to check in will be scored "DNS".

10.2 Late Starts: No yacht will be scored as starting if the vessel starts more than 10 minutes after the division/class starting time unless given permission to do so by the Race Committee.

10.3 Course Signal: Courses will be signaled by international code number flags and will not be changed after the preparatory signal for that division/class is made. Course signal will be dropped with the Prep signals during the one minute interval prior to the division/class start.

11.0 MISSING MARKS: Missing marks may be replaced by temporary club marks or a committee chase boat displaying the Race Committee flag and international code flag "M".

12.0 RESTRICTED AREAS: The area in the Brooklyn Basin between Coast Guard Island and an imaginary line drawn between the three day marks ("2," "4" and "6") off its western end is restricted. This is foul with sunken wrecks and must be treated as if it were an extension of the island.

12.1 Restricted Area: Start/Finish Line: Any yacht whose preparatory signal has not been made must stay clear of any yacht whose preparatory signal has been made. Yachts shall not cross the start/finish line after the preparatory signal for the first start has been made unless they are preparing to start, starting or finishing, or unless they are rounding one end of the start/finish line as a mark of the course.

12.2 Restricted Area: The area between the white and orange barrier and Coast Guard Island quay wall where the Coast Guard Cutters are docked is restricted. All racers must stay to the south, or the Alameda side of the barrier.

13.0 POSTPONEMENT: The signal to postpone will be the hoisting of the answering pennant and firing of two signals. The postponement period will end with the lowering of the answering pennant and be signaled by a sound signal. One minute after the ending of the postponement period, the warning signal will be made by signifying the resumption of the regular starting sequence.

14.0 INDIVIDUAL RECALL: When at her starting signal a boat must comply with Rule 29.1 or Rule 30, the Race Committee shall promptly display Flag **X**. The signal shall be displayed until all such boats are completely on the pre-start side of the starting line or its extensions and have complied with Rule 30.1 if it applies, but not later than four minutes after the starting signal or one minute before any later starting signal, whichever is earlier.

14.1 General Recall: When at the starting signal several unidentified boats are on the course side of the starting line or there has been an error in the starting procedure, the Race Committee may signal a general recall (flag First Substitute). The preparatory signal for a new start for the recalled class shall be made one minute after the First Substitute is lowered and the starts for any succeeding class shall follow the new start.

15.0 SHORTENED COURSE: If the course is shortened, the IYC chase boat will take station at a mark of the course to establish a new finish line, The chase boat will display international code flag "S" and the blue Race Committee flag to indicate the course is shortened and the IYC chase boat is on station to record finish times per ISAF Rule 32.

16.0 TIME LIMIT: The time limit shall be 1700 hours. If one boat finishes in the division/class, the time limit will be extended by 20 minutes.

17.0 WITHDRAWALS: Any yacht withdrawing from a race must notify the Race Committee of that fact either by hail or by phoning IYC Clubhouse - 510-521-2980.

18.0 PROTESTS: Protests must be filed in accordance with ISAF RRS on a standard ISAF protest form or facsimile and within one hour of last boat finish time.

19.0 RACE RESULTS: Preliminary results will be posted at the Island Yacht Clubhouse Regatta Board.

20.0 TROPHIES: Trophies or prizes will be awarded by Island Yacht Club for each division as such: first place for all divisions/classes with two or more vessels, second place for five or more, third place for ten or more, fourth place for fifteen or more.



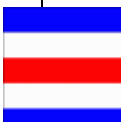

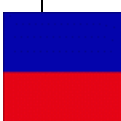
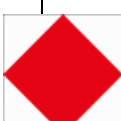
START TIMES & DIVISIONS

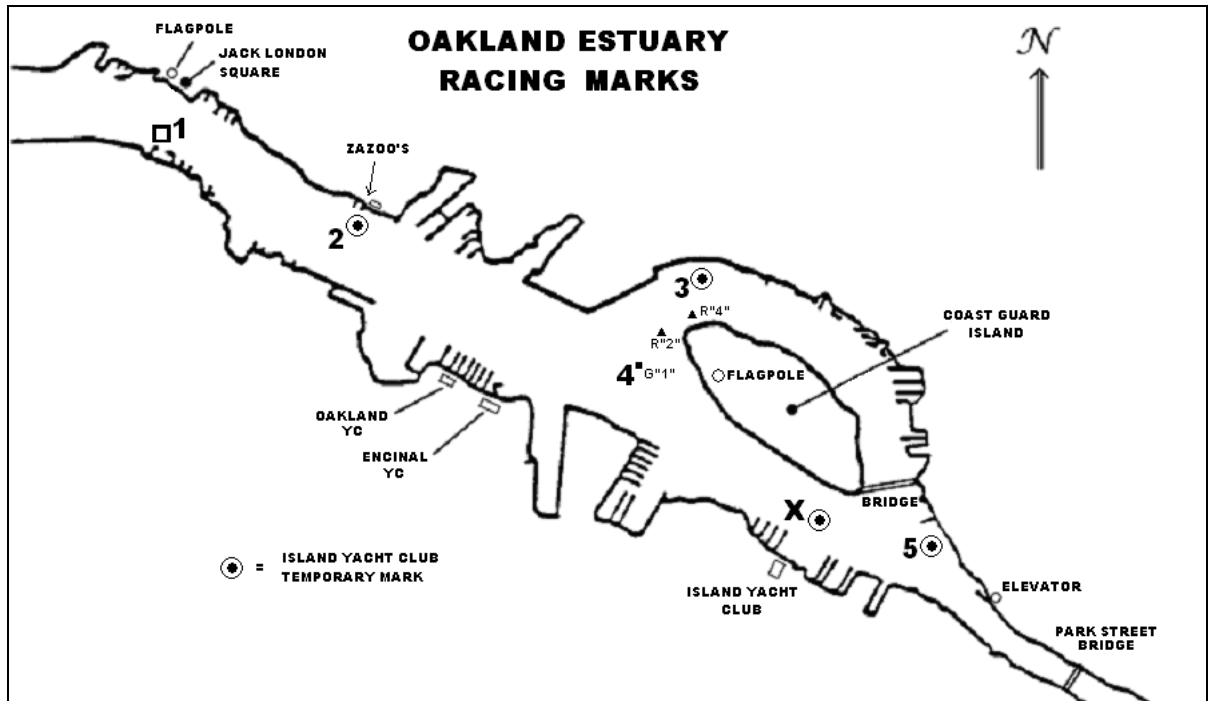
Location of Start Line

At mark "X" located mid-channel in the Oakland Estuary off Island Yacht Club

Divisions, Starting Times and Sequences

FIRST WARNING AT 1255 HRS – Note that starts will be “rolling” with the start of the preceding class serving as the warning for the next.

<u>FLEET</u>	<u>CLASS FLAG</u>	
A – TBD at skippers meeting	Alpha	
B – TBD at skippers meeting	Bravo	
C – TBD at skippers meeting	Charlie	
D – TBD at skippers meeting	Delta	
E – TBD at skippers meeting	Echo	
F – TBD at skippers meeting	Foxtrot	



MARK DESCRIPTIONS:

- X Orange Buoy north of Island Yacht Club
- 1 White "No Wake" Buoy across Estuary from Flagpole at Jack London Square
- 2 Orange Buoy on Oakland side of Estuary off Zazoo's Restaurant
- 3 Orange Buoy in Brooklyn Basin Channel at No. end of 9th St. Terminal Pier
- 4 Green Daymark "1" off west end of Coast Guard Island
- 5 Orange Buoy Oakland side of Estuary, off Union Pt. Basin

COURSES:

Course	Start	Mark	Mark	Mark	Mark	Mark	Finish	Length
1	X-S	1-S	5-S	1-S	5-S		X-S	7.3
2	X-S	1-S	5-S	2-S	5-S		X-S	6.5
3	X-S	1-S	3-S	4-P	5-S		X-S	3.4
4	X-S	2-S	4-S	1-S	5-S		X-S	5.7
5	X-S	2-S	4-S	2-S	5-S		X-S	4.4
6	X-S	2-S	3-S	4-P	5-S		X-S	3.1
7	X-S	1-S	3-S	X-S	1-S	5-S	X-S	7.3
8	X-P	5-P	1-S	3-S			X-P	4.0
9	X-P	5-P	1-S				X-P	3.6
10	X-P	5-P	2-P	3-S			X-P	3.2