ISLAND YACHT CLUB

Island Nights

FRIDAY NIGHT TWILIGHT SERIES
2010 SAILING INSTRUCTIONS

1.0 RULES: This Regatta will be governed by the Racing Rules of Sailing 2010-2012 (RRS), the prescriptions of USSA, SF Bay YRA Standard instructions, One Design Class Rules, except as amended by these sailing instructions.

1.1 Non Competing Yachts: Competitors are advised that non-competing yachts may or may not be governed by the ISAF Racing Rules of Sailing as adopted by the USSA and that the Inland Rules of the Road govern meetings with non-competing yachts.

2.0 ENTRIES: Races are open to sailboats with an overall length of 18 feet or more. Membership in a yacht club is not a requirement to race. Entries will be accepted until the warning signal is made prior to each race.

2.1 PHRF Ratings: Each yacht racing in a NCPHRF division is required to have a current NCPHRF certificate issued by the Northern California PHRF Committee on file at the YRA of San Francisco Bay office. Yachts which do not meet this requirement will be given a NCPHRF rating by the Race Committee which in the committee's sole judgment reflects the speed potential of the yacht. There will be no appeal of a rating so assigned except by providing the committee with a copy of the current Northern California PHRF Certificate.

3.0 COURSES AND MARK DESCRIPTIONS: Refer to attached course sheet.

4.0 MANAGEMENT: The Island Yacht Club shall have full power to interpret the rules and conditions governing each race, to decide eligibility and protests, and to reject the entry of any yacht.

4.1 On the Water Communications: The Race Committee will monitor VHF Channel 68 for traffic concerning withdrawals and emergencies in the racing fleet. The Race Committee will either broadcast on VHF Channel 68 or hail from the IYC chase boat any instructions relating to cancellation or abandonment of races.

4.2 Changes to the Sailing Instructions: Changes may be made prior to the warning signal for any race to which the changes apply. Notification of the change must be made to all yachts for the change to be valid. Changes normally will be **emailed** to all entrants by the Monday prior to the race but they also may be made orally over VHF Channel 68. RRS Rule 25 is amended to add: "All yachts should monitor VHF Channel 68" or come within hailing distance when the international code flag L is displayed by the Race Committee.

5.0 MINIMUM EQUIPMENT: All yachts must comply with the US Coast Guard equipment requirements for recreational vessels. Yachts racing one-design must have the minimum prescribed in the class rules. The Race Committee recommends the use of Personal Flotation Devices.

6.0 RESPONSIBILITY: It is the sole responsibility of the skipper of each yacht to decide whether or not to start or continue any race.

7.0 INTERFERENCE WITH COMMERCIAL TRAFFIC: Yachts must not interfere with commercial vessels. Yachts doing so and thereby endangering their own safety and/or that of the commercial vessel will be subject to protests and/or disqualification.

8.0 SAIL NUMBERS: Sail numbers ARE required on the mainsail. Participants are required to notify the principal race officer of alternate sail numbers prior to the first warning signal.

9.0 START/FINISH LINE: The start/finish line is an imaginary line between an orange signal on the shore and orange buoy 100 yards mid-Estuary north of Island Yacht Club, Alameda Marina (adjacent to Svendsen's Travelift).

10.0 STARTING TIMES AND SIGNALS: Races will be started using the following signals. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.

Signal	Flag	Sound & Min to Start
Warning	Raise Class	1 gun, 5 min
Preparatory	Raise P	1 gun, 4 min
1 Min to Start	Drop P	1 horn, 1 min
Start	Drop/Raise Class	1 gun, 0 min

10.1 Check In: Yachts are required to check in by sailing by the Race Committee prior to the first warning signal. Yachts failing to check in will be scored "DNS".

10.2 Late Starts: No yacht will be scored as starting if the vessel starts more than 10 minutes after the division/class starting time unless given permission to do so by the Race Committee.

10.3 Course Signal: Courses will be signaled by international code number flags and will not be changed after the preparatory signal for that division/class is made. Course signal will be dropped with the Prep signals during the one minute interval prior to the division/class start.

11.0 MISSING MARKS: Missing marks may be replaced by temporary club marks or a committee chase boat displaying the Race Committee flag and international code flag "M".

12.0 RESTRICTED AREAS: The area between Coast Guard Island and the three day marks ("2", "4" and "6") off its western end is restricted. This is foul with sunken wrecks and must be treated as if it were an extension of the island.

12.1 Restricted Area: Start/Finish Line: Any yacht whose preparatory signal has not been made must stay clear of any yacht whose preparatory signal has been made. Yachts shall not cross the start/finish line after the preparatory signal for the first start has been made unless they are preparing to start, starting or finishing, or unless they are rounding one end of the start/finish line as a mark of the course.

12.2 Restricted Area: The area between the white and orange barrier and Coast Guard Island quay wall where the Coast Guard Cutters are docked is restricted. All racers must stay to the south, or the Alameda side of the barrier.

13.0 POSTPONEMENT: The signal to postpone will be the hoisting of the answering pennant and firing of two signals. The postponement period will end with the lowering of the answering pennant and be signaled by a sound signal. One minute after the ending of the postponement period, the warning signal will be made by signifying the resumption of the regular starting sequence.

14.0 INDIVIDUAL RECALL: When at her starting signal a boat must comply with Rule 29.1 or Rule 30, the Race Committee shall promptly display Flag **X.** The signal shall be displayed until all such boats are completely on the pre-start side of the starting line or its extensions and have complied with Rule 30.1 if it applies, but not later than four minutes after the starting signal or one minute before any later starting signal, whichever is earlier.

14.1 General Recall: When at the starting signal several unidentified boats are on the course side of the starting line or there has been an error in the starting procedure, the Race Committee may signal a general recall (flag First Substitute). The preparatory signal for a new start for the recalled class shall be made one minute after the First Substitute is lowered and the starts for any succeeding class shall follow the new start.

15.0 SHORTENED COURSE: If the course is shortened, the IYC chase boat will take station at a mark of the course to establish a new finish line, The chase boat will display international code flag "S" and the blue Race Committee flag to indicate the course is shortened and the IYC chase boat is on station to record finish times per ISAF Rule 32.

16.0 TIME LIMIT: The time limit shall be 2000 hours. If one boat finishes in the division/class, the time limit will be extended by 20 minutes.

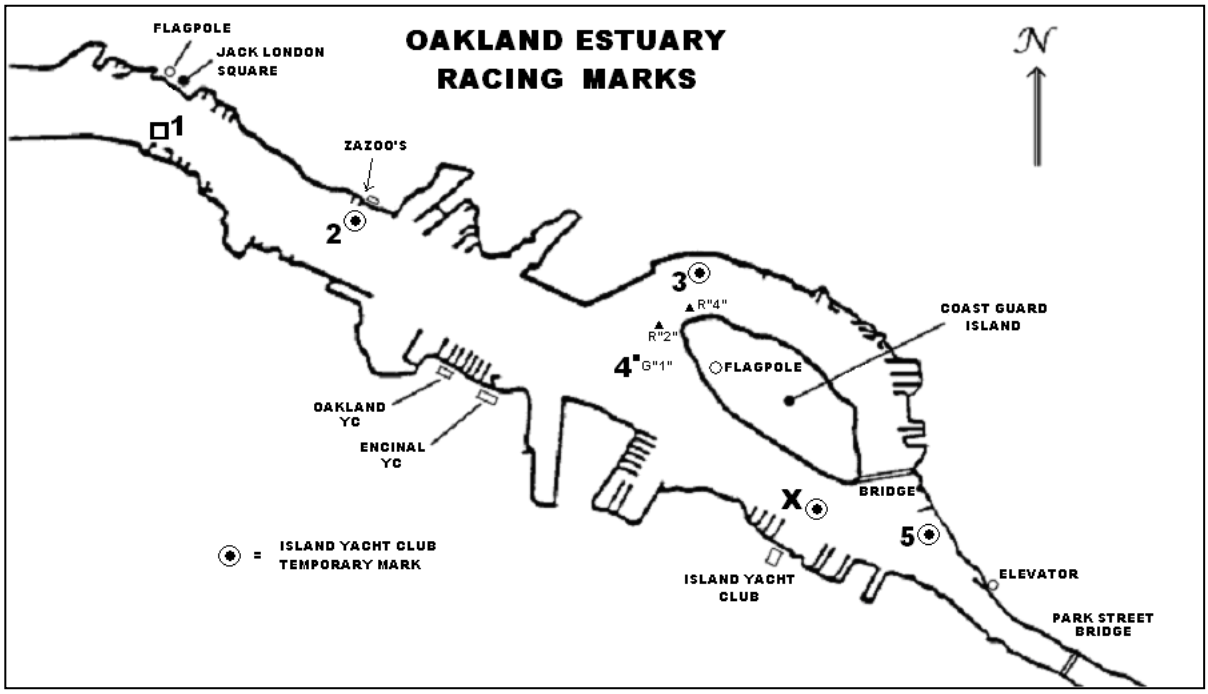
17.0 WITHDRAWALS: Any yacht withdrawing from a race must notify the Race Committee of that fact either by hail or by phoning IYC Clubhouse - 510-521-2980.

18.0 PROTESTS: Protests must be filed in accordance with ISAF RRS on a standard ISAF protest form or facsimile and within one hour of last boat finish time. Protest filing time will be posted Island Yacht Club outside board.

19.0 RACE RESULTS: Preliminary results will be posted at the Island Yacht Clubhouse.

20.0 SCORING: RRS Rule A4 Low Point Scoring System, as amended herein, will be in effect. 1 point for first, place, 2 points for second, 3 for third, etc. All yachts scored as "DNF" will be scored as # of starters plus 1. Yachts scored as "DNS" will be scored as # of starters plus 2. Yachts scored as "DSQ" will be scored as # of starters plus 3. There is one throw out if five races are raced.

21.0 TROPHIES: Refreshments and daily prizes will be awarded after each race at Island Yacht Club. Series trophies will be awarded after the final race of the series.



MARKS

Island Nights

X Orange Buoy north of Island Yacht Club
1 White "No Wake" Buoy across Estuary from Flagpole at Jack London Square
2 Orange Buoy on Oakland side of Estuary off Zazoo's Restaurant
3 Orange Buoy in Brooklyn Basin Channel at No. end of 9th St. Terminal Pier
4 Green over Red Daymark "S" off west end of Coast Guard Island
5 Orange Buoy Oakland side of Estuary, off Union Pt. Basin

COURSES:

Course	Start	Mark	Mark	Mark	Mark	Mark	Mark	Finish	Length
1	X-S	1-S	5-S	1-S	5-S			X-S	7.8
2	X-S	1-S	5-S	2-S	5-S			X-S	6.8
3	X-S	1-S	3-S	4-P	5-S			X-S	4.5
4	X-S	2-S	4-S	1-S	5-S			X-S	5.4
5	X-S	2-S	4-S	2-S	5-S			X-S	4.5
6	X-S	2-S	3-S	4-P	5-S			X-S	3.6
7	X-S	1-S	3-S	4-P	X-S	1-S	5-S	X-S	8.1
8	X-S	2-S	5-S					X-S	3.0
9	X-S	4-S	5-S					X-S	1.5
10	X-P	5-P	1-S	3-S	4-P			X-P	4.5
11	X-P	5-P	1-S					X-P	3.9
12	X-P	5-P	2-P	3-S	4-P			X-P	3.6