



**Island Yacht Club
Doublehanded Lightship Race
March 13, 2010**

Waiver, Release, and Indemnification

DUPLICATE TO BE SUBMITTED IN THE CASE OF A CREW CHANGE

In consideration of the acceptance of my entry in the 2010 Doublehanded Lightship Race:

- a. I certify that I am over the age of 18 and agree to comply with all rules, regulations, and race instructions of the Race Committee, the race sponsors, the international and Inland Rules, and other rules under which the race is sailed.
- b. I for myself, my executors, administrators, heirs, next of kin, successors, and assigns:
 - a) waive and release any and all claims that I may have against the race committee, volunteers, employees, and agents, or any one or more of them or their executors, administrators, heirs, next of kin, successors, or assigns (the Releases), including any and all claims for damage caused by the negligence of any of them, arising out of my participation or that of my yacht in the Race and its related activities, including pre-start and post-finish operation, together with all costs, including attorney's fees, that may be incurred as a result of any such claim whether valid or not, and
 - b) indemnify and hold harmless the Releases and each of them against any such claims that I or the officers or members of my crew or my guests or any one or more of them or my or their executors, administrators, heirs, next of kin, successors, or assigns may have or assert and against any cost including attorneys fees with respect thereto.
- c. **I acknowledge that I have sole responsibility for the safety of my yacht and crew.**
- d. I acknowledge that I am aware that **short-handed sailing on open waters can be dangerous, and that lives have been lost during double handed ocean races in these waters.**
- e. I understand it is the decision of each yacht's crew to start, continue, and or finish this race.
- f. I hereby certify the following minimum required equipment will be on board my yacht during the race:
 1. Life lines or safety lines leading from both sides of the cockpit forward and well secured at each end.
 2. Fire extinguisher(s) meeting United States Coast Guard requirements.
 3. Manual bilge pump of at least 10 gallons per minute capacity.
 4. Anchor with suitable chain and line.
 5. Sea cocks or soft wooden plugs to close all through-hull openings.
 6. Navigation lights meeting United States Coast Guard requirements.
 7. Compass.
 8. Charts and piloting tools.
 9. Lead line or echo sounder.
 10. Fog horn.
 11. Radar reflector.
 12. Waterproof flashlight.
 13. First aid kit.
 14. At least two gallons of fresh water.



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15. Life jacket(s) with whistle and strobe light attached for each crewmember.
16. Safety harness(es) and tether for each crewmember, and jacklines. Jacklines should terminate six feet forward of the transom.
17. VHF radio (refer to individual Sailing Instructions for each race for the specific channel needed).
18. Three red parachute flares and three red hand-held flares.
19. An alternate means of propulsion.

This list does not attempt to encompass all the equipment that is necessary for offshore sailing.

- g. I understand that Island Yacht Club recommends compliance with the 2010 OYRA minimum equipment requirements for offshore racing during the race, and that those requirements are summarized by OYRA at http://www.yra.org/OYRA/ocean_safety.html

I have read and understand the above conditions.

Skipper's Name Printed	Skipper's Signature	Date
Crew's Name Printed	Crew's Signature	Date

Let us know the cell phone number, or numbers, of any cell phones that will be aboard:

Phone 1	Phone 2
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Please sign and return this form with your entry. (In the case of a minor, parents or legal guardian's signature required.)

Enclose:

1. Signed and dated copy of Waiver and Release
2. Current PHRF or BAMA certificate
3. \$40.00 if Entry received by IYC on or before March 7, 2010
4. \$50.00 if Entry is received after March 7, 2010
5. Please make your check made payable to the ISLAND YACHT CLUB.
6. Questions? (Call John New at 510-521-2980 or email racing@iyc.org).

Mail to: IYC Lightship Race, 1853 Clement Avenue, Bldg 14, Alameda, CA 94501, Attn: John New, Racing Chair