



**Island Yacht Club's
29th ANNUAL
DOUBLEHANDED LIGHTSHIP RACE
March 13, 2010**

SAILING INSTRUCTIONS

MANAGEMENT

The race will be managed by the Race Committee of Island Yacht Club, which shall have full power to establish and interpret the rules and conditions governing the race, to decide protests on eligibility, and to reject the entry of any yacht at any time prior to the preparatory signal for the start. Their decisions cannot be appealed.

The Race Committee has the right to inspect any vessel and to reject its entry if they find it does not meet the standards set forth in the rules.

ELIGIBILITY

Open, by formal application to all single and multi-hulled sailing yachts over 20 feet overall length.

GENERAL CONDITIONS

Yachts entering the race must be at least 20 feet on deck. Yachts must be of sound construction, capable of safe ocean passages. Owners of mono-hulled yachts under 20 feet may petition the Race Committee on an individual basis for entry into the race.

Mono-hulled yachts shall be self-righting, with essentially watertight enclosed accommodations and self-bailing cockpits.

Multi-hulled yachts shall have a weather tight, enclosed accommodation, and shall have the ability to float indefinitely in an inverted position.

Entrants are advised that any unusual arrangement in rig, hull, ballast, sails or equipment, which, in the opinion of the Race Committee constitutes a potential hazard or in any way would be considered an attempt to violate or circumvent the intent of the rules, will be grounds for disqualification.

ENTRIES

An entry shall consist of a sailing boat plus a named skipper and crew of one person. The skipper must be at least 18 years of age. Crews under the age of 18 years must submit, with the skipper's entry, a letter from their legal guardian stating that they have read the "Waiver Release and Indemnification" (enclosed) and have given permission for his or her participation.

There is no deadline for entries.

HANDICAP

Each mono-hull entry shall have a current PHRF rating (please enter rating on application). Ratings are available from the Yacht Racing Association of San Francisco, Fort Mason Center, San Francisco, CA 94123, phone (415) 771-9500.

All multi-hulls shall have a handicap supplied by BAMA.

RACING RULES

The current racing rules of the USSA, as amended by these instructions, shall apply to competitors during the hours between sunrise and sunset. The Steering and Sailing Rules of the Road shall replace part IV of the USSA Rules from sunset to sunrise.

In accordance with the purpose of the race, those sections of the USSA rules shall be deleted which prohibit practices or equipment which are or may prove useful to short-handed ocean sailing.

Specifically, the following will be allowed:

1. Twin headsails set on two poles for downwind sailing
2. A whisker pole of suitable size for the largest rated headsail may be carried without penalty, but may not be used with the spinnaker
3. Self-steering and auto pilot

CHECK IN

All yachts must check in with the Race Committee on VHF channel 66 prior to the initial warning signal for the race, advising the Race Committee of the yacht's name and sail number and receive an acknowledgement from the Race Committee. A yacht failing to check in successfully will be scored DNS.

START / FINISH LINE: The starting and finishing line is between the orange panel on the Golden Gate Yacht Club race deck and buoy "X" off Golden Gate Yacht Club.

COURSE

Course 1: Start with Buoy "X" to starboard. Around San Francisco approach buoy (Lightship Buoy) to port. Finish with Buoy "X" to port.

CALCULATED DISTANCE 25 miles

Course 2 (in case of foul weather offshore): Start with Buoy "X" to starboard. Around YRA 16 ("Blackaller", yellow cylinder "C" 0.2 nm east of Fort Point) to starboard, Red Rock to starboard, Yerba Buena Island to starboard. Finish with Buoy "X" to starboard.

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CALCULATED DISTANCE 21 miles

Course 3 (in case of foul weather offshore): Start with Buoy "X" to port. Around Yerba Buena Island to port, around Red Rock to port, around YRA 16 ("Blackaller", yellow cylinder "C" 0.2 nm east of Fort Point) to port. Finish with Buoy "X" to port.

CALCULATED DISTANCE 21 miles

Course 4 (for boats without a 406 MHz EPIRB): Start with Buoy "X" to starboard. Around Pt Bonita Buoy to starboard, around Southhampton Shoals to starboard. Finish with Buoy "X" to starboard.

CALCULATED DISTANCE 18 miles

RESTRICTIONS

The area within 50 yards of the starting line is restricted to all contestants until after their preparatory signal. All San Francisco County rocks, including Anita Rock, Mile Rock, and the South Tower of the Golden Gate Bridge are restricted and must be left to the South. Yachts must not interfere with large commercial vessels, naval vessels or tugs and their tows.

REPORTING FINISH

Yachts approaching the finish line are requested to notify the Race Committee. Vessels finishing after dark must shine a light on their sail number as they cross the finish line. **Any yacht not finishing within the time limit or withdrawing from the race for any reason must contact the Race Committee immediately by VHF channel 66** or by telephone (510) 529 8227 as soon as possible after returning to shore. Failure to do so will result in the yacht being refused entry in the next Doublehanded Lightship Race. Participating yachts are encouraged to relay VHF radio transmissions when it becomes obvious that direct communication with the Race Committee is not possible.

DIVISIONS

TO BE ANNOUNCED March 8, 2010

Special divisions, such as one design, husband-wife, women only, will be awarded trophies if such divisions have four or more entries.

STARTING TIMES AND SIGNALS

Warning 0900 hours

Races will be started using the following signals. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.

Signal	Flag	Sound & Min to Start
Warning	Raise Class	1 gun, 5 min
Preparatory	Raise P	1 gun, 4 min
1 Min to Start	Drop P	1 horn, 1 min
Start	Drop/Raise Class	1 gun, 0 min

TIME LIMIT: 1900 hours

In the event of a postponement the time limit will be extended by an amount of time equal to the postponement.

POSTPONEMENT

Postponement will be signaled by hoisting the answering pennant and firing two shots. One minute after the end of the postponement period the warning gun and signal will signify the resumption of the regular starting sequence. Time limit will be extended by an amount equal to any postponement.

INDIVIDUAL RECALL

Yachts prematurely across the starting line at their start will be notified by the hoisting of the X flag and on radio (channel 66), if possible. However, nothing contained in these instructions shall relieve a yacht of its obligation to make a proper start. A yacht, which does not return to make a proper start, will have 20 minutes added to its elapsed time.

GENERAL RECALL

Recall of the entire starting group will be signaled by hoisting the first repeater code pennant (blue and yellow) and firing two shots. When recalled, all yachts of that starting time shall immediately leave the starting area; **their starting time will be postponed to five (5) minutes after the last-scheduled group of starters.** If there is more than one general recall, the recalled groups will start in the order of their initially scheduled starts, following the completion of the regularly scheduled starters.

RACE CANCELLATIONS

In the event of a cancellation, competitors will be notified by VHF radio, and firing of three shots. If the starting sequence has started the shape will be lowered. Upon cancellation, half of the entry fee will be refunded to each yacht. When rescheduled, yachts re-entering will pay the remaining half of the entry fee. Rescheduling information will be mailed to all competing yachts.

PENALTIES AND PROTESTS

Intention to protest should be made on VHF Channel 66, phone, or in person to the committee as soon as possible after the finish, and must be made in writing and postmarked by **March 15, 2010**. Protests should be mailed to the Race Committee, 1853 Clement Ave, Alameda, CA 94501. Those skippers will be notified by phone or email of the time and place of the protest hearing.

TROPHIES

FIRST on Elapsed Time

FIRST Overall Corrected

Divisions: 1st - if 2 or more starters

2nd - if 5 or more starters

3rd - if 9 or more starters

4th - if 12 or more starters, etc.

All mono-hulls will be eligible for elapsed, corrected, and divisional trophies. All multi-hulls will be eligible for elapsed and divisional trophies. Corrected times for mono-hulls will be computed using Time on Distance.

AWARDS PRESENTATION

Awards presentation will be announced.