

2005 Northern California  
**Women's Sailing Seminar**  
Women Teaching Women



*"Capture The Power"*

**October 8-9, 2005**  
**Island Yacht Club - Alameda, CA**

Classroom and on-the-water instruction; racing, cruising, and more!  
For information or registration call (510) 521-2980 or visit [www.iyc.org](http://www.iyc.org)

 **West Marine**  
We make boating more fun!

Primary Sponsors

**Island Yacht Club**